

Samoens

TO FALL IN LOVE WITH



Magazine



samoens.com

To fall in love with



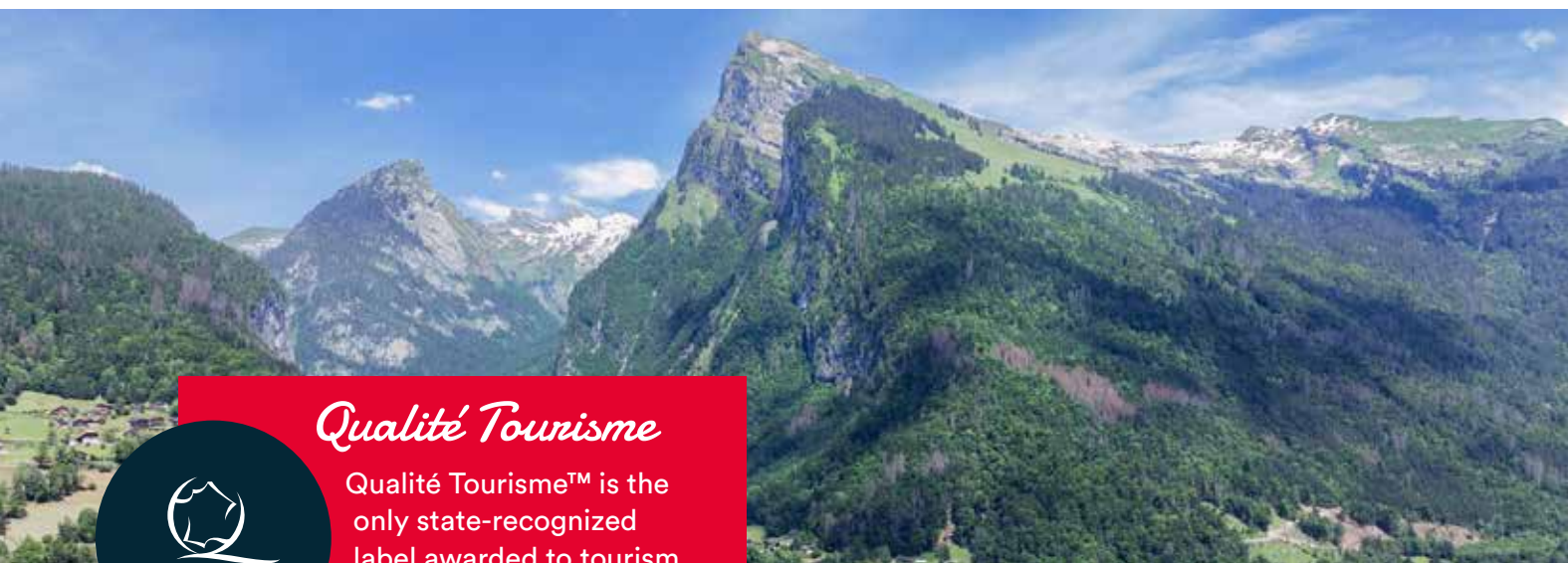
AN IRRESISTIBLE CHARM

Samoëns, nestled in the heart of the French Alps in the Auvergne-Rhône-Alpes region, captivates visitors with its authentic charm and well-preserved heritage.

In spring, nature awakens, adorning the mountains with a thousand colors and offering enchanting landscapes for hiking and leisurely strolls. In summer, the village transforms into a true playground for adventurers, with its hiking trails, whitewater activities, and breathtaking panoramas. Autumn, on the other hand, envelops

Samoëns in a peaceful atmosphere, perfect for enjoying golden forests and local heritage. In winter, the village becomes a popular ski resort, part of the Grand Massif domain, with slopes suitable for all levels.

Between nature, tradition, and leisure, Samoëns invites you to explore and escape in every season.



Qualité Tourisme

Qualité Tourisme™ is the only state-recognized label awarded to tourism professionals for the quality of their hospitality and services.



Samoëns was voted the most beautiful village in Haute-Savoie in 2021 by the readers of Le Dauphiné Libéré.

The strengths of Samoëns

- **Traditional** and **authentic** village
- Well-preserved **heritage**
(stone carving, gastronomy, agriculture, architecture...)
- A perfect balance between **nature** and **culture**
- Sustainable and balanced **development**
- A **harmonious blend** of tradition and modernity
- A wide range of activities **all year** round





Easy access

By train

Nearest SNCF train stations:

- Cluses (20 km)
- Annemasse (50 km)
- Bellegarde-sur-Valserine (70 km)
- Annecy (75 km)

By bus

- Line Y94: Cluses - Samoëns
- Line Y02: Annemasse - Samoëns

By car

- Less than 30 minutes from the A40 highway (exit 18: Cluses - Scionzier).
- From Paris (590 km): Approx. 6 hours via A6 and A40.
- From Lyon (200 km): Around 2h20 drive.
- From Geneva (60 km): Just 1 hour via A40.

By plane

- Geneva International Airport – 1h from Samoëns
- Lyon Saint-Exupéry Airport – 2h from Samoëns

Our partners



SKI AREA

Le Grand Massif: an exceptional ski area uniting five iconic resorts, offering 265 km of diverse slopes in the heart of the French Alps.



MONTAGNES DU GIFFRE

The Montagnes du Giffre Community of Municipalities brings together several villages in the valley, working to preserve the environment, develop local services, and boost the economy. It supports initiatives for tourism, culture, and sustainable mobility while promoting the region's rich natural and cultural heritage.

Samoëns in a few figures

- ♥ 2,156 inhabitants
- ♥ 24,000 tourist beds
- ♥ Altitude: 720 to 2,500 meters
- ♥ 400 km of marked MTB trails
- ♥ 900 km of marked hiking trails
- ♥ 7 mountains: The peaks surrounding the village, which gave the village and its inhabitants their names, Les Septimontains.
- ♥ 62 ski lifts, 19 fun zones, 6 free ride zones & 139 ski slopes
- ♥ 265 km of slopes
- ♥ One of the largest beginner areas in the Alps
- ♥ Pioneer in skiing:
1912: International ski competitions
1951: First ski lift in Samoëns
- ♥ 24 cross-country ski trails covering 127 km
- ♥ 17 snowshoeing routes - 60 km
- ♥ 25 hotels and residences, 3 holiday villages, 4 guesthouses & 1 municipal campsite
- ♥ 1 Olympic semi-outdoor ice rink
- ♥ 9 chapels

Soft mobility

In Samoëns, **soft mobility** is a priority to make your travels easier while respecting the environment. Strategically located parking areas allow you to leave your vehicle with peace of mind. Shuttle buses (available during peak season) are provided to easily reach various points of interest in the village and its surroundings.

For electric vehicle users, **charging stations** are available, while **cycling enthusiasts** will appreciate the dedicated infrastructure, including adapted bike paths and parking areas. Samoëns is committed to providing practical and eco-friendly solutions for everyone.





Our labels



JARDIN REMARQUABLE

Established in 2004, the «Jardin Remarquable» label recognizes gardens and parks that hold cultural, aesthetic, historical, or botanical value, whether public or private.



ACCUEIL VÉLO

Accueil Vélo is a label that guarantees quality services for cyclists along designated routes.



NORDIC FRANCE

This label ensures the quality of cross-country ski areas, the diversity of Nordic activities, the quality of services, and sustainable development in the field.



Characteristics

Located at an average altitude of **720 meters** in a flat-bottomed valley, Samoëns is primarily a village where the warm and **friendly inhabitants deeply appreciate their beautiful nature**. Surrounded and protected by stunning mountains, including the Cirque du Fer-à-Cheval, it **thrives year-round** and enjoys an astonishing **quality of life**.

Since the early 20th century, Samoëns has been home to a **natural gem**: the La Jaïsina Alpine Botanical Garden.

Inhabitants

Les Septimontains.

Village slogan

"To fall in love with" : we'll say no more, come and visit us!



A DAY IN SAMOËNS

9 am



Stroll through Samoëns, visiting the local shops

Strolling through the narrow streets of Samoëns means meeting passionate shopkeepers and discovering local expertise, including gourmet bakeries, cheeses and Savoyard specialties.

A trip to Joux Plane

At 1,700m, the Joux Plane pass offers breathtaking views of the Mont Blanc. Between mountain pastures and a lake, this panorama invites contemplation, whether you're hiking or enjoying a nature break.

12 pm



4 pm



Ferme des Cimes for afternoon tea

On your way back down from the Joux Plane pass, stop at the Ferme des Cimes. Visit the cheese dairy, sample tomme and raclette, then enjoy a homemade tartlet or hot chocolate overlooking the Mont Blanc.

THE SEPTIMONTAINS



Christian Chauplannaz

NATURE IN CELEBRATION

A glutton for all of life's pleasures, Christian Chauplannaz, a hyperactive retiree, has just closed the gates of the Jaïsina Botanical Garden in Samoëns, where he spent over forty years, to better indulge his other passions. The garden's life continues, and so does his own. Their paths separate. Where to begin? By channeling this jovial character who cracks jokes and hits the ground running by telling the story of "his" Jaïsina Botanical Garden, while we come to discover his own... Christian, the only son of farmers from Villard, immediately boasts about not even making it to high school graduation! Yet, he knew how to take his revenge when the time came, cramming to prepare for vocational training certificates or competitive exams, multiplying training courses and internships when the stakes, in his eyes, were worth it. Starting with his exemplary career at the Jaïsina botanical garden, which began in June 1983 under the best auspices. For this young septimontain from a rural background, who already had a passion for bees, but who very early on - under his father's guidance - began working on cycles and motorbikes, the retirement of the Jaïsina municipal employee, the aptly-named Narcisse Dechavassine, was a great opportunity to seize.

Find all the emblematic portraits of the village





WINTER



SPRING



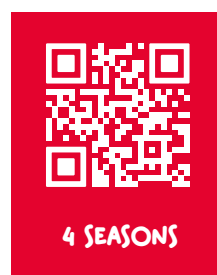
SUMMER



AUTUMN

4 thrilling seasons

A VILLAGE THAT LIVES ALL YEAR ROUND



4 SEASONS

Find opposite,
all activities possible in all seasons >



For lovers of heritage

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For lovers of heritage



A GREAT HISTORY

From the Middle Ages onwards, renowned stonemasons settled in this small glacial valley with its seven mountains, nestling in the heart of a magnificent mountain environment, and built a unique architectural heritage.

Today, Samoëns is a modern village with the allure of yesteryear: typical Savoyard houses, solid stone dwellings, large authentic farms and chalets share a wide, flat valley with an exceptional natural environment. A lively and bustling village, Samoëns is full of real treasures and invites lovers of heritage and old buildings to listen to History speak...

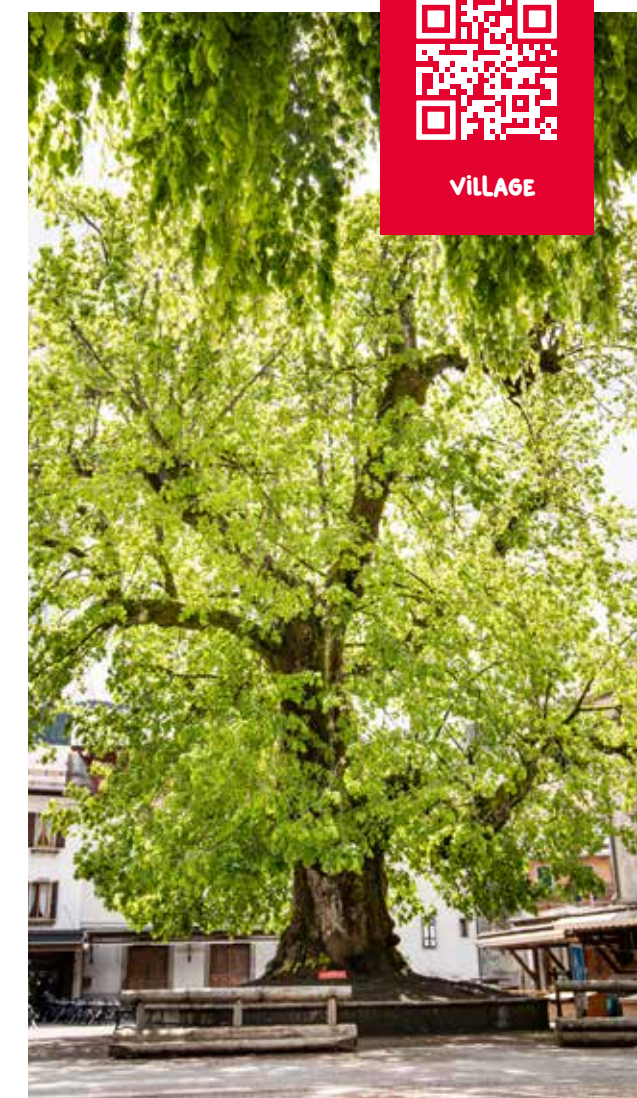


Witnesses of History

MUST SEE

A central square and a large linden tree

In the southern villages, there is always a central square, the place of life par excellence. There is also a plane tree, providing shade for passersby and bearing witness to the history of the village. In Samoëns, a preserved village in Haute-Savoie, we find this atmosphere thanks to a beautiful tree, a **large linden tree** planted in the central square of the village in 1435 and still in great shape (its 9.50m trunk circumference testifies to this). If it could speak, this large linden tree would tell the story of the appearance of the name Samoëns, from the 12th century, the multiplication of **chapels, oratories** and other buildings built by farmers, which have become **stonemasons** by necessity, the birth of an **Alpine Botanical Garden** with 2,400 varieties of plants, born from the donation of Marie-Louise Cognacq-Jaÿ, a former shepherdess of the village who became a key figure in Paris, the arrival of services and modernity... It would be the witness of a centuries-old and fascinating history!



VILLAGE



The Frahans

The Frahans, stonemasons of Samoëns practice a craft that goes back a long way. In 1659, they transformed their professional group into a religious brotherhood called the "Confrérie des Quatre Couronnés" (Brotherhood of the Four Crowned), in homage to four Christian martyr saints. These saints had refused to build an idol statue for the Roman Emperor Diocletian. They can be seen depicted in a stained-glass window in the choir of the Church of Our Lady of the Assumption in Samoëns.



TO KNOW

Stonemasons...

At the bend in every street and every path, in the heart of the village, as in the surrounding area, there remain testimonies of extraordinary men who built Samoëns: **the stonemasons**. The "Frahans" were in fact men of the valley. From the 15th century, to supplement their income from traditional agricultural activity, they began to work with stone and **limestone**, very present in the region. Their reputation quickly spread **around the world**. Called to the biggest construction sites of Vauban or Napoleon Bonaparte, they went as far as Poland and Louisiana!

Samoëns, at the heart of their talent, keeps in memory an infinite number of **chapels, oratories, mausoleums, houses** and other buildings built by these men with incredible know-how. The Frahans brotherhood still exists today under the name of "**Société des Maçons**" Thanks to a handful of enthusiasts who have preserved the know-how of their elders. You can still meet some of them at a workshop and discover their story during the Wednesday morning guided tour.



...and an authentic and preserved rural life

Between agriculture, livestock farming and stone-cutting, Samoëns was built on a foundation of traditional of **rural activities**. Today, although tourism has taken the place of the stonemasons, there are still many carpenters, foresters, stockbreeders and farmers. They are the very soul of the village; they are the ones who keep traditions alive, the ones who enable the village to retain the authenticity that makes it such a fabulous place to live and holiday! "Made in Samoëns!" You'll be able to discover the dairy cooperative, the farms and the many mountain pastures.



DID YOU KNOW

Originally, seven mountains

The seven mountains or mountain pastures surrounding the village gave their name to the inhabitants of Samoëns from 1438: **the Septimontains**. Living year-round in a flat-bottomed valley at an altitude of 720 m, they have forged a close relationship with the benevolent mountains that surround them. This is evidenced by the town's coat of arms, representing the seven mountains, topped with a fir tree.

SAMOËNS



The mountain pastures

The seven mountain pastures, or seven mountains, surrounding the village of

Samoëns and having given their name to the inhabitants, the Septimontains, are: Fréterolle, Chardonnière, Vigny, Cuidex, La Vullie, Bostan, as well as Oddaz and Folly, often grouped together.

THE SEPTIMONTAINS

Pierre Bianco



TENDRE COEUR DE PIERRE: A TENDER HEART OF STONE

"Born in Samoëns with a trowel and a hammer in his hand," Pierre Bianco seems driven by a perpetual desire to share and explain. At over eighty years old, built like a rock, the man who was also, from 1959 until recently, a ski instructor, enjoys contact. Teaching has always captivated him and, whatever the age of the person he's talking to and the subject, he enjoys, as with children, testing their responsiveness and reflexes. Which, in some cases, can make you lose track and be unsettling... but satisfies his mischievous and curious side.

He then continues, delighted, his demonstration and never forgets to say in the preamble: "The individual is composed of three points: the head which thinks, the hand which is the most beautiful servant of the spirit, which transforms and then inside the individual, there is a heart or there is no heart. The rest is nonsense."

Once he gets going, there's no stopping him when he recounts a significant episode in his career, such as his experience as a monitor with a disabled child for fifteen years and everything that this real challenge brought him. With great calm and his soft voice, he remains imperturbable to any question and will answer later, much later... when he does not move on to another story!

Find all the emblematic portraits of the village
ONLY IN FRENCH





BOTANICAL GARDEN
LA JAÿSINIA

Marie-Louise Cognacq-Jaÿ

(1838-1925), philanthropist and co-founder of the iconic Parisian department store, La Samaritaine, created the Alpine Botanical Garden in her home town, Samoëns, in 1906. This garden, called Jaÿsinia, covers 3.7 hectares and is home to more than 4,500 species of alpine plants from around the world.

Samoëns, a grand garden



Samoëns has a stunning botanical garden that showcases the rich flora of the area. Carved into the side of a hill in the very heart of the village, it is the result of an exceptional destiny: that of Marie-Louise Jaÿ, a young shepherdess born in Samoëns at the end of the 18th century who came to the capital at the age of 15 to seek her fortune!

NOT TO BE MISSED

La Jaÿsinia: An astonishing story

Open from mid-April to mid-December.

“À vous les studios Cognacq-Jay”, this expression pronounced by Léon Zitrone marked the world of television, but also that of Samoëns. By marrying Ernest Cognacq, met in Paris, and founding with him **La Samaritaine**, the most famous department store in the capital, **Marie-Louise Jaÿ** became a famous and extremely wealthy lady. Remembering her childhood years and very attached to the hill on which she grazed her goats, Madame Cognacq-Jaÿ decided to create a botanical garden there, a testament to her desire to preserve the beauty of the place. **This is the birth, in 1906, of “la Jaÿsinia”.**

TO DO

Visit the village:

Discovering Samoëns' heritage

From the fountain to the old covered market La Grenette, in front of the Château de la Tour or under the roots of the big linden tree, escape behind the stones of the village.

The life of the old town and its evolution are intertwined with the history of visitors. During the guided tour of the historical and architectural heritage of the town of Samoëns, you will delve into the culture of the famous stonemasons.

Visit the chapels by electric bike

Discover Samoëns in a different way, by electric bike (EAB), during guided tours supervised by a cycling instructor. In a friendly atmosphere, set off to discover the village for 2.5 hours, in small groups of 3 to 9 people, and explore its chapels and other hidden treasures on two wheels.

Chapels of Samoëns

The nine chapels of Samoëns, most of which date from the 17th century, tell the story of the Alps and local know-how. The oldest, at Le Bérrouze, dates from the 15th century, and the most recent, at Les Allamands, from the 19th. Their baroque bell towers are a reminder of the work of the craftsmen of yesteryear, bearing witness to the influence of the famous local stonemasons, the Frahans. Each chapel reflects a profound link between spirituality, popular traditions and the mountain environment.



NOT TO BE MISSED

Taste the products of Samoëns at the weekly market

Every **Wednesday morning**, Samoëns market, the oldest in Haute-Savoie, attracts locals and holidaymakers. **Cheeses, charcuterie and Savoyard flavors** reflect the authenticity and know-how of the **local producers**.



Cultural centre

Le Bois aux Dames in Samoëns is a multi-purpose centre that combines cultural, sporting, and leisure activities in the heart of an exceptional natural setting. This site hosts a variety of events, such as exhibitions, shows, and concerts, and boasts modern facilities suitable for all generations.

FOR CULTURE LOVERS

Le Bois aux Dames Space

Cultural, sports and conference centre (426 seats / 1,100 standing). They have played at the Bois aux Dames: Le Peuple de l'Herbe, Wishbone Ash, Rhoda Scott, Anne Roumanoff, Izia, Yvan Le Bolloc'h, The Gladiators, The Congos, Opéra-Studio de Genève...

Guided tours on the Little Train but not only...

A must-see attraction for those curious about the village's heritage history, **the Septitrain** takes generations on a journey of discovery of local symbols. From the Church, a testament to the stonemasons' expertise, to other architectural treasures (fountain, granary, etc.), travelers travel through time.

Exhibitions

Explore three places where art and mountains meet:

1. The old stables of the castle

This exceptional vaulted room hosts the works of painters, sculptors and creators in a unique setting.

2. The Barbara Thollot Art Gallery

Discover artistic photographs of the Alps, sculptures, and a bookstore dedicated to mountain stories.

On the program: Seasonal exhibitions - Guest artists each month - Workshops, conferences and signings.

3. The François Désarnod media library

In collaboration with the Criou Livres association, the media library offers a variety of exhibitions to enrich the artistic and literary experience.

Three locations, one passion: revealing the beauty of the mountains.



Explore 30 years of secrets of the farmers at the Clos Parchet Ecomuseum

Clos Parchet is open from mid-April to the end of October

Located at an altitude of 1,000 m on the slopes of the Adret, this former **19th-century** farmhouse has been home to the Clos Parchet Ecomuseum since 1994. Restored and furnished, it immerses visitors in the traditional life of yesteryear. More than **2,000 tools** illustrate life at the time, work in the fields and stonemasonry.



HERITAGE DAY

9 am



In the heart of the village

Stroll through the historic village of Samoëns and discover the traces of stonemasons as you wander through its narrow streets. Don't miss the must-see attractions: La Grenette, the church, and the famous linden tree : Le Gros Tilleul.

A gourmet experience not to be missed

Discover the châtrée soup, an essential specialty of Samoëns!

This traditional dish combines stale bread, local tomme cheese and onion soup, offering a tasty tribute to the flavors of the region.



12 pm

2 pm



The path of sculptures

Walk along the sculpture trail and admire the 34 stone works created during the various symposiums organized by the Société des Maçons. An explanatory booklet is available at the Tourist Office (in French only).

THE SEPTIMONTAINS



Claude Genevois



CHOO-CHOO

In Samoëns, he is nicknamed "Choo-Choo". Claude Genevois, owner and driver of the Little Tourist Train on tires which winds through the streets of the villages of Samoëns and Les Vallons, always delights children of all ages.

Originally from Oisans, settled with his family in Les Deux Alpes, Claude followed his wife, eager to seize a professional opportunity in Samoëns in 2000. At the time, the Little Tourist Train, which began operating in 1993, was dormant due to a lack of a driver. For Claude, who was passionate about independence at this turning point in his career, history must be written under the sign of freedom. He bought the famous Little Red Train and created his company in 2003. He subsequently acquired a second, all-white and more powerful one. Retired but still active and happy today at the wheel of his Septitrain, Claude takes legitimate pride in welcoming passengers delighted to take this "vintage and collector" means of transport that is part of the Samoëns postcard. There are only about ten of these in circulation in the entire Haute-Savoie region. In all objectivity, Claude finds that "coming to Samoëns without taking a ride on the Septitrain is like visiting Paris without seeing the Eiffel Tower!" Not wrong!

Find all the emblematic portraits of the village ONLY IN FRENCH





The disconnection and resourcing



TAKE TIME FOR YOURSELF

Mountain holidays are also an opportunity to recharge your batteries, take time for yourself, and above all, take care of yourself. Samoëns has thought of you and offers solutions to clear your mind and recharge your batteries: Afghan walks, Ayurvedic massages, yoga for children, saunas... everything is there to experience moments of rejuvenation and absolute well-being.



WELL-BEING



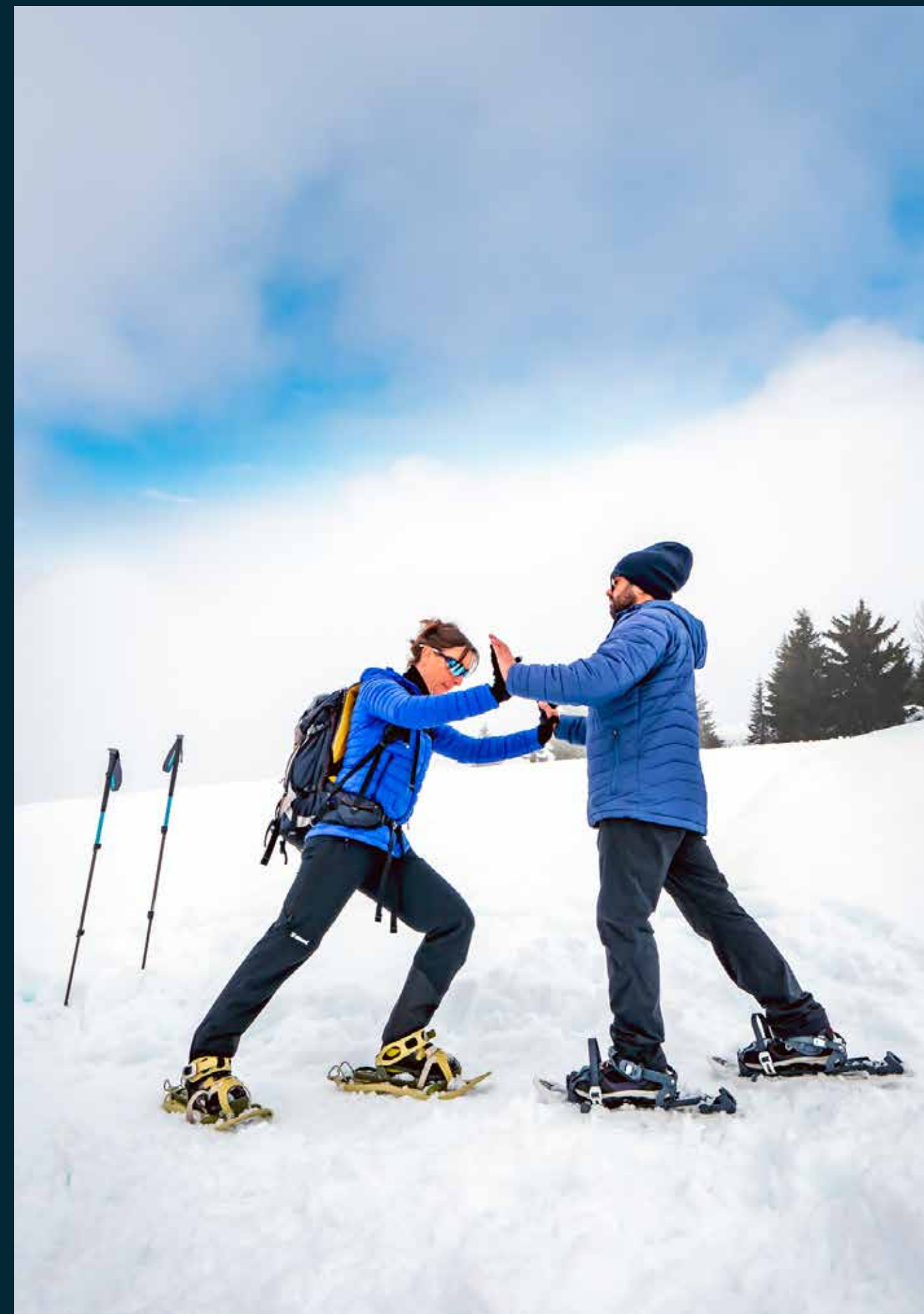
The paths to freedom

In Samoëns, in the heart of the Alps, walking comes in many forms, offering everyone a unique and invigorating experience. Whatever the practice, walking in the mountains provides physical and mental well-being, a true return to basics in a majestic setting.

A FAVORITE

The Afghan walk

To escape the intensity of everyday life, connecting with nature is one of the most effective ways to forget your problems.. The goal is to **synchronize the rhythm of one's steps with one's breathing** for a regenerative and anti-stress walk. This meditative experience allows practitioners to intensely feel the benefits of nature on themselves.





WELL-BEING DAY

9 am

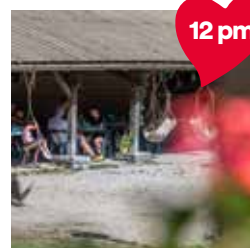


Introduction to Afghan walking

Start the day with Afghan walking, combining breathing, movement and the soothing landscapes of Samoëns.

Lunch break

Enjoy a healthy and balanced meal in one of the village restaurants or opt for a picnic in the great outdoors.



12 pm

2 pm



Yoga session

Relax and refocus with a yoga session, ideal for loosening the body and calming the mind. A perfect moment of serenity for the afternoon.

Relaxing massage

End the day with a relaxing massage to eliminate tension and rediscover a deep sense of well-being.



6 pm



TO RECHARGE YOUR BATTERIES

Sensory walking

This discipline allows you to **reconnect with the environment and with yourself**. Step by step and in rhythm, the forest trails open up to those who take the time to contemplate and listen to what the **nature has to offer**. Alone or in a group, sensory walking allows us to discover the environment around us with its shapes, textures, colors, sounds, and smells. Nature thus offers a plenitude that allows us to intensely recharge our batteries.

TOWARDS WELL-BEING

Nordic walking

Between sport and well-being, Nordic walking allows you to enjoy the benefits of nature while exercising in an exceptional setting. This discipline, very popular in Scandinavian countries, can be practiced in all seasons. Halfway **between a hike and a jog**, this fast walk takes in some of the most beautiful spots in the Giffre mountains around Samoëns.

TO RELAX

Massages

Treat yourself to a moment of pure relaxation and let yourself be enveloped by the pleasure of a massage in this peaceful place that is Samoëns. Try a **variety of wellness massages**, such as Indian, Hawaiian, Californian, Swedish, Ayurvedic, Thai, Tui Na, hot stone, AMMA seated, and foot reflexology massage.

Wellness areas

To complement these activities, Samoëns has a number of wellness centres for those who want to **relax in peace and quiet** on a more individual basis. On the program: sauna, hammam, jacuzzi, swimming pool... free access upon reservation of a massage.

TO PRACTICE

Yoga

Stretching, breathing, relaxation, Yoga brings greater self-knowledge. Hatha Yoga, according to the Eva Ruchpaul technique, is a gentle method that **stretches muscles and joints** by listening to your abilities. The **breathing** is conscious and omnipresent throughout the entire session. The postures and associated breathing allow for rest of the mind, relaxation of the body and exceptional inner calm at the end of the lesson.

TO PURIFY

Mobile Nordic sauna

Mobile sauna made of red cedar wood, fueled by a wood stove, which travels throughout the Giffre Valley. Two options are available: a **shared sauna session** to strengthen immunity and community, or a **private session** for 1 to 6 people. Each session includes access to a changing room, a relaxation area, and cold showers.



Full-season sports activities

IN SEARCH OF DISCOVERY

Samoëns, nestled in the heart of the Alpine mountains, is much more than just a picturesque village: it's a veritable playground for sports and adventure enthusiasts all year round. Whether you're drawn to the thrills of paragliding, the fascinating exploration of the depths through caving, the dizzying challenges of via ferrata, or learning wilderness survival techniques, Samoëns offers a range of activities for all tastes. Here, nature becomes an adventure partner, attracting experienced athletes and curious explorers in search of new discoveries.



TO FLY AWAY

Paragliding

Samoëns is one of the most popular paragliding spots in the region. Thanks to its location in the valley and consistently favourable wind conditions, Samoëns is the **ideal place to enjoy your first paragliding experience**, contemplating the beauty of the majestic landscapes of the Haut-Giffre valley from the air.

WITH CURIOSITY

Caving

Going underground to better understand the formation of our Earth is both a physical activity and, above all, an educational one. In addition, Samoëns is one of the most renowned caving spots in France, with the Jean Bernard chasm, one of the **deepest chasms in the world** (-1,600m). Other sites are accessible to all the family.



TO TRY

Ride differently on an E-Fatscoot

Discover a brand new, unusual and totally ecological activity: the E-Fatscoot, **an all-terrain electric scooter** for a different kind of ride! Get off the beaten track and come try an original and environmentally friendly experience. Fun, playful, and easy to use, follow the guide and discover the beauty of Samoëns' landscapes thanks to the all-terrain electric scooter. An activity for the whole family.

TO ADMIRE

Fly over the mountains by helicopter

Take off for an emotional first flight **above the Giffre valley**. Admire breathtaking panoramas and marvel at the beauty of the mountains seen from the sky. An unforgettable experience, as magical for young and old alike!



Mountain equipment

In the mountains, it is essential to be well-equipped: layered clothing, windbreaker, gloves and a hat for the cold, comfortable hiking shoes, and a bag with water. Also consider a first aid kit, map or GPS, headlamp, and a camera to capture your moments.

SURPASS YOURSELF

The via ferrata

Midway **between hiking and climbing**, the via ferrata allows you to climb safely on the cliffs overlooking the Giffre. Routes equipped with cables, metal rungs, footbridges or even rope bridges will lead the most daring to the summits where the views over the valley are breathtaking.

UNUSUAL

Survivalism, learning to survive in the mountains

Discover the mountain differently: **in survival mode**, by experiencing a true immersion. A hike for all audiences to discover the mountain and its secrets, but also how to preserve this unique nature. Participants will learn the techniques for surviving in the mountains: finding their way, orienting themselves, protecting themselves from the cold, making a fire, hydrating properly, eating, using equipment, building an igloo in winter, etc. An adventure as close to nature as possible to discover the mountain as you have never seen it before!





A sensational winter

A RESORT NESTLED IN THE MOUNTAINS



WINTER

Find opposite, >
all the activities that can be done in winter



For sliding lovers

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For sliding lovers

A RESORT VILLAGE

Samoëns is a little gem nestled in a wonderful setting. Imagine a mountain village in the heart of a wide valley, surrounded by peaks culminating at 3,000 meters, with access to the 4th largest ski area in France! Located just a few kilometers from the Swiss border, Samoëns is much more than a ski resort: it is above all an authentic mountain village, full of charm and history.



The ski area

Hit the slopes of the 5th largest connected area in France.

It stretches across 40,000 hectares of forest and offers 139 slopes and 265 km of skiing. Connecting the resorts of Flaine, Les Carroz, Morillon, Samoëns and Sixt-Fer-à-Cheval, the Grand Massif offers you the unique opportunity to ski facing Mont Blanc in magnificent landscapes and a 360° panorama of the Alps.

The ski area in figures

- ♥ France's 5th largest ski area with ski-in ski-out facilities, covering an area of 40,000 hectares
- ♥ 265 km of sliding (175 regulated)
- ♥ 1,800 meters of elevation gain
- ♥ 139 slopes: 23 green, 61 blue, 44 red and 11 black
- ♥ 700 to 2,500 meters above sea level and 62 ski lifts
- ♥ Nearly 10 play areas spread out on the 5 stations and for all levels
- ♥ 6 freeride zones
- ♥ 1 infinity of exceptional panoramas





TO TRY

At Samoëns 1600, the Plateau des Saix, one of the largest beginners' areas in France

Many people made their first ski runs in Samoëns. With its gentle, reassuring terrain, the Samoëns ski area offers apprentice skiers one of the largest beginners' areas in Haute-Savoie.

Its assets?

- 1 cable car access, ideal for overcoming the apprehension of the first descent by chairlift or the ascent by ski lift.
- No stairs to climb, thus avoiding the anxiety of apprentice skiers, equipped with helmet and goggles, ski boots on their feet, skis in one hand and poles in the other.
- 1 area dedicated to families: with kindergarten, play area and toboggan run.
- 7 easy ski lifts.
- 1 covered carpet to go up the track.
- 1 Septsnake and The Mysterious Forest by ZiZi-PanPan for beginners to have fun with.
- 1 special beginner skipass.



Freeride paradise in the heart of nature

Off-piste freeriding in Samoëns offers an exceptional playground, between forests, untouched slopes, and powder snow. This iconic spot in the Grand Massif attracts thrill-seekers in search of freedom.

OUR FAVORITE

The 'Piste des Cascades', a 14 km blue run

The Piste des Cascades or the joy of skiing down 14 kilometers, **in the heart of a nature reserve**, without the constraints of ski lifts... This 14-kilometre blue run links Flaine and Sixt-Fer-à-Cheval, with a total height difference of 1,700 metres. The originality and fundamental advantage of this slope obviously lies in the fact that the skier can cover the run without, at any time, needing to take a ski lift. In addition to the pleasure of skiing without constraints, this slope is above all a real **breath of fresh air and nature**. With a single stroke of the ski, you descend from the summit of the Grandes Platières to the banks of the Giffre, admiring in turn its majesty Mont Blanc, the Désert de Platé, Lake Gers, the Tenneverge, the Ruan and a multitude of frozen waterfalls. Keep your eyes wide open...



First slides

Group ski lessons for children are an excellent way of developing their self-confidence, sociability and independence. By learning to surpass themselves and cooperate with their peers, they gain in self-esteem and team spirit. Supervised by caring instructors, children flourish both physically and emotionally.



ACCORDING TO YOUR NEEDS

Group lessons

Progress quickly, from your first slides to perfecting them, thanks to group lessons designed for **all levels**, from beginner to expert. Learn **in small groups** from 4 to 10 people, even during school holidays, while enjoying group dynamics. All courses offer the **priority for ski lifts** during the lesson with your instructor.

Private lessons

Discover a **new discipline or improve yourself** with private lessons for **all ages**. Private lessons guarantee personalized instruction in a relaxed atmosphere. Take advantage of the **ski instructor expertise**, who will adapt the sessions to your needs and technical objectives.



Focus

Snow Garden: page 44

TO TRY

Regain confidence on your skis by testing mindful skiing

If you've just had an accident or are afraid of skiers around you who aren't managing their speed, mindful skiing is for you!

Learning to refocus on **your body and mind**, in tune with the present moment and the environment around you, can do wonders for the way you ski or snowboard! **Concentration and breathing** will be the key words of these delicious moments to enjoy skiing differently.





Nordic activities



AN ACTIVE WINTER IN THE HEART OF THE MOUNTAINS

Samoëns is the ideal place to escape and enjoy Nordic activities in an exceptional natural setting. Whether you're a fan of snow sports or nature, the resort offers a wide range of activities for all tastes. Cross-country skiing, on varied and accessible trails, allows you to discover snowy landscapes while staying active. For total mountain immersion, go snowshoeing and explore the quiet trails, away from the crowds, discovering forests and magnificent panoramas. The more athletic can try biathlon, a discipline combining cross-country skiing and rifle shooting, to test their precision and endurance.



Haut-Giffre
NORDIQUE
JOUX PLANE • FER À CHEVAL • VALLÉE

Nordic ski area

Haut-Giffre Nordique offers a number of sections with cross-country ski runs for all levels, both classic and skating, marked snowshoe trails and sledge runs.

Skating and alternating tracks to suit all tastes!

Cross-country skiing: Nordic delights blossom in unspoilt nature

1. The Upper Giffre

For lovers of heritage and moderate gradients: discover flat trails **along the Giffre**, close to the valley's villages, in the heart of snow-laden fir **forests** and around **picturesque lakes**. In the valley, at an **altitude from 670 to 900 m** : enjoy 6 green runs, 4 blue runs, 2 connecting red runs, for a total of 43.4 km.

2. The Joux Plane pass

For cross-country skiing enthusiasts **at 1,700 meters** altitude, in the heart of an exceptional site, the Joux Plane pass offers the possibility of sliding while enjoying a **premium panorama** on the Giffre valley and the massif of the **Mont Blanc**. At Joux Plane, at **1,700 m** altitude: 4 green runs, 4 blue runs and 3 red runs, offering a total of 43.4 km of sliding. Also enjoy a groomed toboggan run and picnic tables located near the reception chalet.



Unusual snowshoe hikes in the heart of unspoiled nature

Are you dreaming of escape and a change of scenery? Don't wait any longer, put on your snowshoes and discover the unspoiled nature of the mountains in winter through the **marked routes**. Discover the many themed and guided hikes so that everyone can practice snowshoeing according to their tastes and abilities:

- Over a half-day: during a **hike to discover mountain wildlife**, or rather well-being with a “**yoga**” **hike**, or even discovering the first rays of the sun rising over the snow-capped mountains...
- The more athletic can also indulge in **snowshoes in “ruisseling” version** on the frozen streams of the Haut-Giffre massif, or in “**free-ride**” **version** even more sporty to enjoy the powder!
- For the **night owls**, snowshoeing can also be done at night! Experience a hike under a starry sky before enjoying a fondue in a teepee, or an aperitif in a real igloo!
- And for the great adventurers who wish to escape for several days, a **snowshoe weekend** is offered with a night in a lodge or even a real **snowshoe raid** at 3,000 meters to reach the summits and contemplate a breathtaking panorama of Mont Blanc!



Refuges open in winter

- ♥ The Gers Lake refuge (1,544 m)
- ♥ Bostan refuge (1,769 m)
- ♥ The Golèse refuge (1,671 m)

TO TRY WITHOUT HESITATION

Biathlon

A unique discipline, which combines **cross-country skiing and laser rifle shooting** in a standing or lying position. A complete cocktail of effort and precision, **accessible to all**.



DAY IN THE MOUNTAINS

9 am



Cross-country skiing

Start your day on the cross-country ski trails, surrounded by majestic snow-covered landscapes. Enjoy the pure mountain air while savouring the calm and beauty of the vast white expanses before you.

Biathlon

In the afternoon, discover biathlon, a captivating sport that combines cross-country skiing and rifle shooting. This activity will allow you to test both your endurance and your shooting accuracy, in a challenge combining physical effort and mental concentration.

2 pm



7 pm



Night snowshoeing

End the day with a snowshoe hike under the stars, a magical experience where the tranquility of the mountains blends with the beauty of the night sky. An unforgettable moment, surrounded by nature, far from the hustle and bustle.





For lovers of sports and thrills



ADRENALIN AT ITS PEAK

Samoëns offers a multitude of activities for sports and thrill-seekers. Experience adventure by embarking on ice climbing, mountaineering to conquer snowy peaks, or ski touring to explore wild landscapes. The more adventurous can also try ice swimming, an invigorating experience.

Here, winter becomes a real playground for enthusiasts of challenges and discoveries!



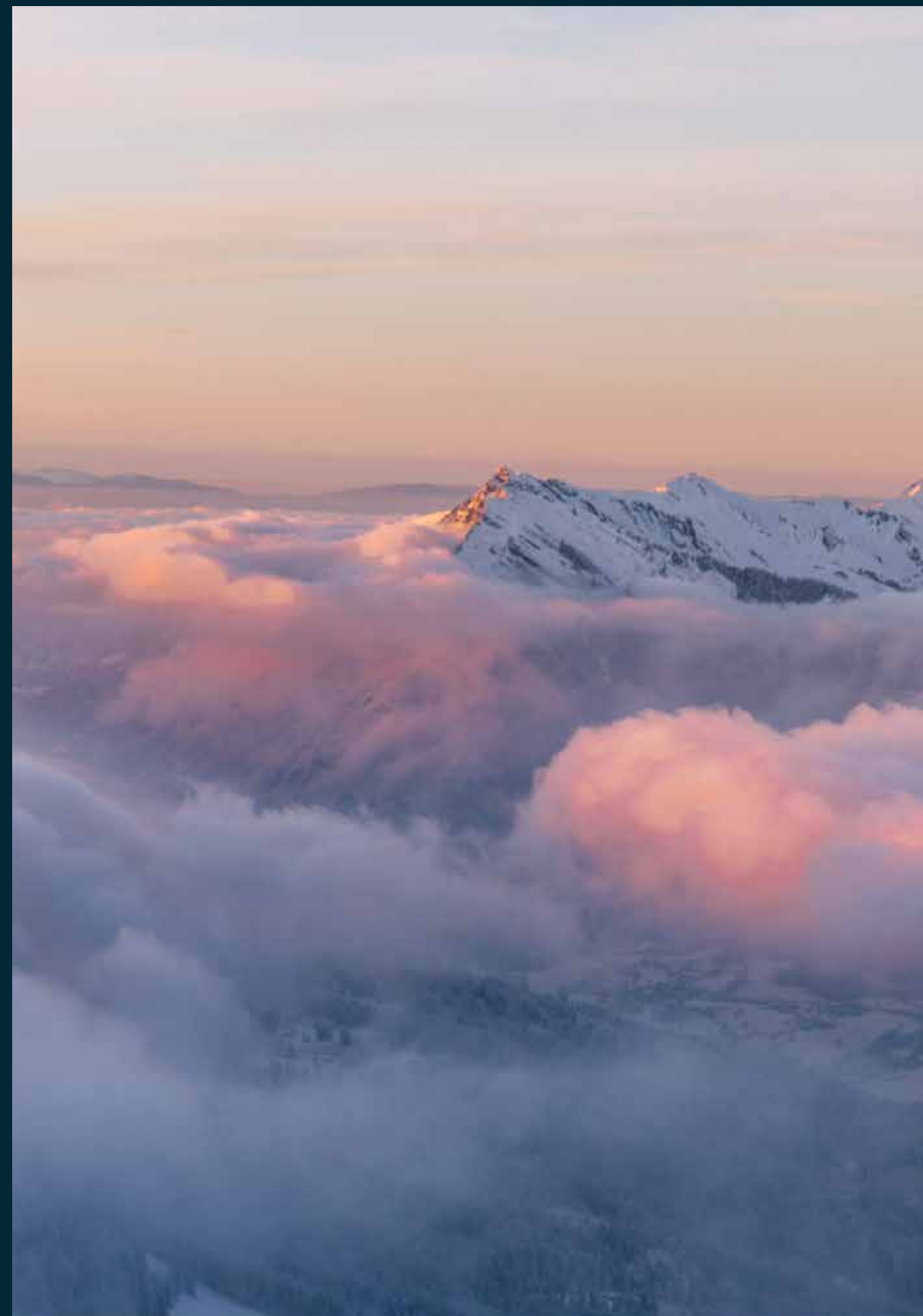
TO DO

Defy the laws of gravity on an icefall

If you don't want to embark on a summit climb right away, you can still experience the first thrills by testing **ice climbing** with our **confirmed guides**. With the frost, waterfalls become ephemeral ice paths that must be tamed. Once the technical aspects are mastered, ice climbing is, above all, an extraordinary winter day.

Mountaineering

Experience your first mountaineering ascents in an exceptional setting! More than a sport, mountaineering is a **spectacular adventure** to experience at least once in your life. Discover the mountains like never before. **Accompanied by a High Mountain Guide**, you will discover the fundamental techniques for moving on rock, ice and snow, while mastering the essential safety rules in mountaineering. All that's left is to put on your crampons and have fun exploring the thousand and one facets of glaciers, while learning the basics of mountaineering and climbing.





TO DO

Ski touring

Escape the alpine ski slopes and discover **untouched slopes** in complete safety with a guide. Ski touring, accessible to advanced skiers, offers unforgettable hikes and treks. A free experience in the great outdoors, far from the crowds.

TO TRY

Vallée Blanche

Are you an experienced skier looking to escape the groomed slopes? With a professional guide, explore the wild landscapes of the **Mont Blanc massif**, in complete safety.

Training and introduction to white trail running

A **run on snow** that will put your endurance and technical skills to the test, making for some memorable moments!



UNUSUAL

Heliskiing

Off-piste skiing enthusiasts, take advantage of heliskiing to discover the hidden sides of our off-piste areas. Escape for a day or several days and enjoy this unique and unforgettable experience.

TO EXPERIMENT

Snowmobile

Accompanied by a guide, you will drive a snowmobile and set off on a real hike **between slopes and forests on the Grand Massif**.



REFRESHING DAY

9 am



Ski touring

Start the day with a morning of ski touring. Venture out onto off-piste trails and discover spectacular views, all while enjoying the tranquility of the snow-capped mountains.

Lunch at the refuge

After your workout, enjoy a typical lunch in a mountain refuge open in winter. Enjoy homemade Savoyard dishes while enjoying a warm atmosphere and breathtaking views of the snow-capped peaks.



12 pm

3 pm



Introduction to swimming in ice water

In the afternoon, try ice swimming, an invigorating activity that stimulates both body and mind. Accompanied by a professional, discover this unique experience in complete safety in an exceptional natural setting.





TO TRY

Introduction to swimming in ice water

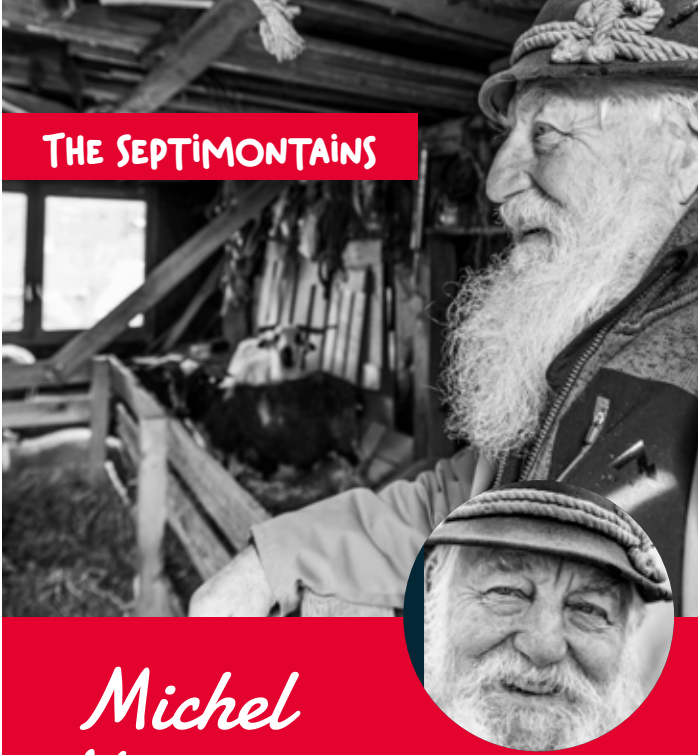
In Samoëns, try a **unique experience** with an initiation into ice water at Lac aux Dames. Supervised by professionals, this activity invites you to dive into the cold waters of the lake while learning to control your breathing. An invigorating challenge that combines **self-improvement and connection with nature**, all in a peaceful and enchanting setting.

The benefits of swimming in ice water

Swimming in ice water has many benefits for the body and mind. It stimulates blood circulation, reduces muscular pain and aids recovery after exercise. It also boosts the immune system and helps to reduce stress by improving emotional management. By activating the production of endorphins, it provides a feeling of well-being and relaxation. It's a revitalising experience that improves both physical and mental health.



THE SEPTIMONTAINS



Michel Veisy

BELIEVE IN SANTA CLAUS

With a wave of his magic wand, Michel Veisy makes dreams that seem impossible come true, overcomes seemingly insurmountable challenges... and shares incredible adventures with those who have a revenge to take on life. Beyond words and experiences, his charisma impresses and unites. The story of Michel Veisy, this character with deep, incredibly ice-blue eyes, begins in the charming, high-perched hamlet of Chantemerle overlooking Samoëns. A magical and protected place that, even today, opens a parenthesis in time. There, in front of the pretty chapel with its renovated bulbous bell tower, between his old primary school and his 18th century family home, he recalls, with Olympian calm, the happy early childhood that left a lasting impression on him. Until the age of ten, Michel never went down to the centre of Samoëns. As he grew up, he, his three brothers and their sister, the youngest born in 1961, would divide their time between Chantemerle in the summer and their house on the outskirts of the village in the winter, more convenient for their entry into working life.

Find all the emblematic portraits of the village
ONLY IN FRENCH



For people with disabilities

SAMOËNS, A DISABILITY-FRIENDLY DESTINATION

Samoëns is making it easier to access its wonders with 'Samoëns for All', an offer dedicated to people with disabilities.

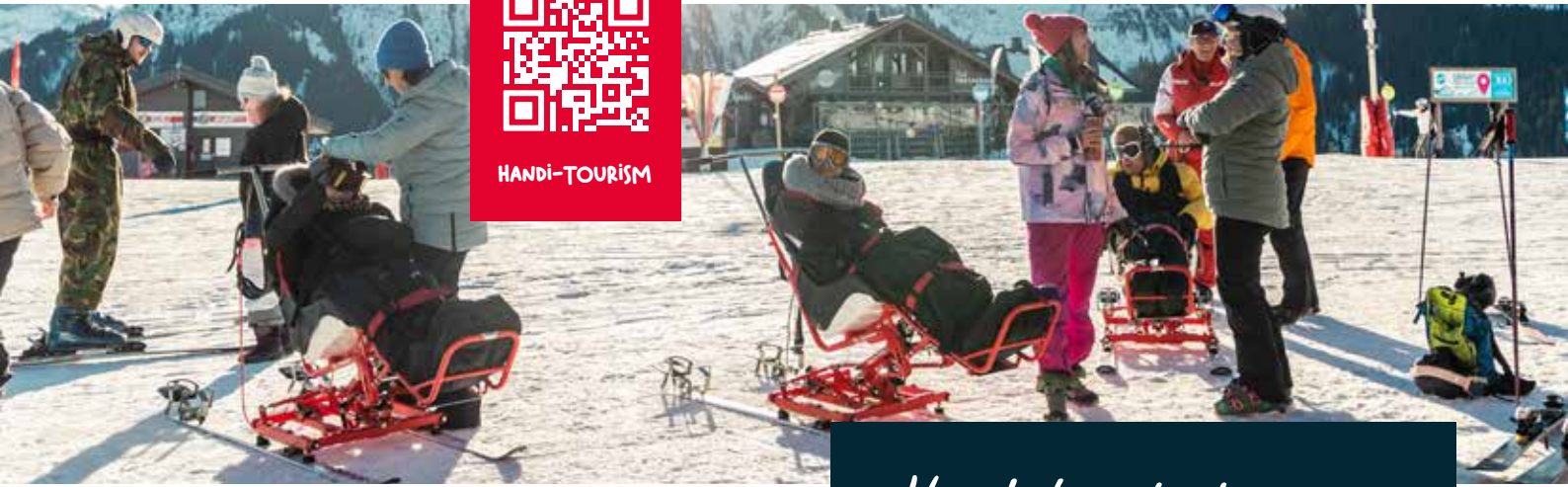
It includes adapted parking spaces at the Grand Massif Express gondola lift, 22 accessible lifts, a storage chalet at Samoëns 1600, discounts on ski passes and support from the Samoëns Handi-Glisse association:

samoens-handiglisse.com

All information on samoens.com



HANDI-TOURISM



Ice-skating sledge

Samoëns Handi-Glisse offers a sledge on the ice rink so you can **enjoy skating with your family or friends**, and even play hockey. Easy to manoeuvre, it can be used autonomously.

Cross-country ski sled

Made available by Samoëns Handi-Glisse and to be requested from the cross-country ski patrollers.

Accommodation for people with disabilities

Discover our selection of **adapted accommodation** to people with disabilities, with specialized rooms and equipment, easy access and **tailor-made services**, for a comfortable stay accessible to all.

Handiski activities

Dual ski: Ski sitting on two skis offering stability and maneuverability for beginners or experienced skiers.

Uniski: Skiing sitting on a single ski, ideal for those who love thrills and precision.

Kartski: Sit-on ski with two side handles for easy handling and intuitive steering.

Tandemski: Sit-skiing piloted by a guide, perfect for discovering the sensations of sit-skiing.



Family fun in heart of winter

UNFORGETTABLE FAMILY MOMENTS

Samoëns is THE ideal resort for families: a village full of charm and history to discover, a ski area for all levels with one of the largest beginner areas in France, and activities for all ages and tastes. We'll let you discover the programme for your stay!



Sledging

Discover three groomed, safe runs in unique settings: at Samoëns 1600, close to the downhill slopes, for a friendly atmosphere; at Joux Plane, with a spectacular view of the Mont Blanc; and at the Cirque du Fer-à-Cheval, in the heart of an imposing natural site. Perfect for young and old alike, these runs promise fun and memorable moments with family and friends!

TO LIVE ABSOLUTELY

First gliding sensations on a pony-drawn sledge

The little ones discover their first sensations of sliding, sitting quietly in a **pony-pulled sledge**... Simple and fun, the activity will delight children!

TO TRY WITHOUT HESITATION

Snowshoe hikes for families

And for those who want to escape, plunge into the heart of nature with a snowshoe hike **specially designed for families**. On the programme: discovering nature (animal tracks, botany...), a bit of education (studying snow, geology...), safety with avalanche prevention and a touch of sparkling fun for an unforgettable walk!





NOT TO BE MISSED

Ice rink and Ice Garden reserved for the little ones and beginners

Discover our covered outdoor ice rink, offering a 360° view of the magnificent Samoëns mountains. With **210 m² of ice**, it's the ideal place to enjoy the joys of skating, whether in a sporting or artistic way. During the holidays, a third of the ice rink is reserved for beginners, with a "**kindergarten**" **space** and educational materials available, such as chairs, walking frames, cones and penguins.

FOR THE LITTLE ONES

Snow Garden: Piou-Piou Club

The Piou-Piou Club is a space dedicated to **ski lessons for children**, equipped with a covered conveyor belt decorated with figurines. Your child can progress at their own pace and learn the joys of skiing in complete safety, thanks to their ski instructor, who will help them feel confident on their skis.



OUR FAVORITE

The suspended aperitif in the cable cars

Enjoy a moment out of time by taking a seat **on board the cable car** from Vercland for na **aperitif dinner** like you've never experienced before. Come discover this concept that's as original as it is atypical.

SOMETHING TO DO TOGETHER

Multi-activity outings

This winter, set off to discover the **mountain treasures with the Samoëns guides**. On the program for the multi-escape outing: hide to observe the chamois in its natural environment, sunset, panorama of Mont Blanc, astronomy or story and legend of Haut-Giffre. For the more gourmet, you can treat yourself to a real Savoyard fondue.



FAMILY DAY

9 am



Ski lessons for the whole family

Start the day with a ski lesson suitable for everyone. Whether you're a beginner or an expert, progress with instructors while having fun with your family on the slopes.

Snowshoeing and animal track observation

In the afternoon, go snowshoeing with your family with a guide to discover nature, observe animal tracks and enjoy a magical moment in the mountains.



2 pm

5 pm



Fun at the skating rink

To end the day in style, head to the ice rink for some family fun. Skate safely and enjoy this fun activity in a friendly atmosphere.

Leisure center

The La Marmotte leisure center in Samoëns welcomes children in a warm and safe environment. Suitable for children and teenagers alike, it offers **a variety of fun**, creative and sporting activities to help them discover the mountains and have fun at the same time. It is the perfect place for families wishing to offer their children unforgettable moments during their stay in Samoëns.





Destination spring

THE MOUNTAIN AWAKENS IN COLORS



Find opposite,
all the activities that can be done in spring >



Rediscovering nature in spring

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SPRING DAY

9 am



Thrills with rafting

Start the day with a family rafting trip on the river. Ride the rapids safely, enjoy the thrills, and admire the magnificent landscapes of the Giffre Valley.

Via ferrata for climbing enthusiasts

In the afternoon, venture onto a via ferrata: Cross cliffs and suspension bridges, and enjoy spectacular views of the valley. An experience rich in thrills!

2 pm

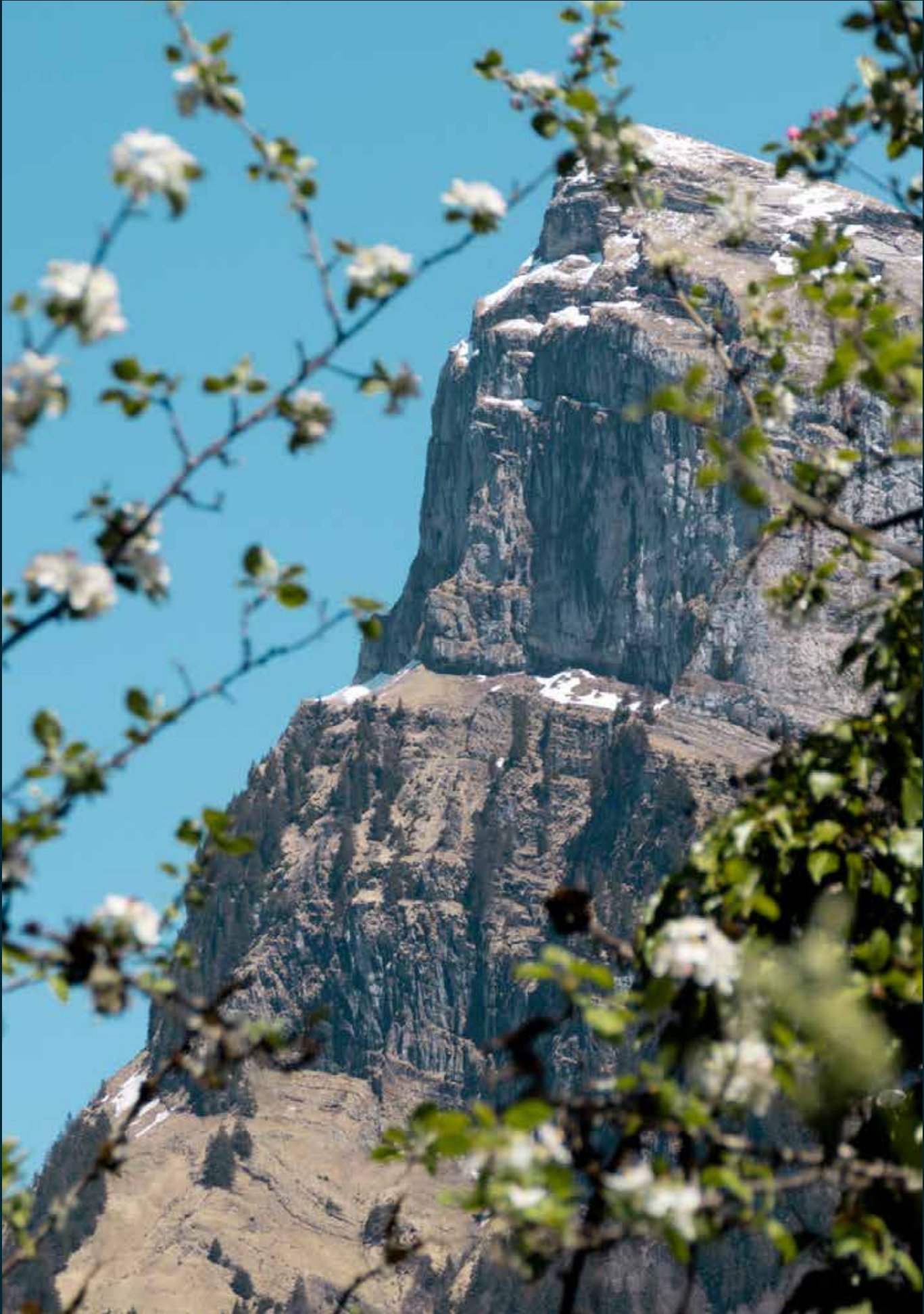


5 pm



Visit and tasting at the farm

At the end of the day, visit the Croës Canailles farm, watch the Hérens cows being milked, and taste local cheeses and products. A delicious immersion in the mountain terroir.



Rediscovering nature in spring

THE MOUNTAIN IN A DIFFERENT LIGHT
In spring, Samoëns transforms into a veritable playground for outdoor enthusiasts. It's the perfect season to discover or rediscover activities in complete tranquility such as climbing, hiking, cycling, rafting, and paragliding.
Spring is also the perfect time for mountain fishing, in crystal-clear lakes and rivers, where you can enjoy the tranquility of nature. In Samoëns, spring is an invitation to adventure and discovery, combining nature, sports, and authentic encounters.



Land of climbers
Samoëns is recognized as one of the The Giffre Valley, which surrounds Samoëns, offers a spectacular natural setting with its mountains, cliffs, and rocks, attracting climbers of all levels.

TO TRY

Climbing: conquering the summits
Whether you're a climbing enthusiast or simply curious and looking for thrills, Samoëns offers a unique adventure playground. Accompanied by professionals, beginners discover the basics of climbing, while the more experienced perfect their techniques on **walls suitable for all levels**. Between natural cliffs and magnificent landscapes, each ascent promises an unforgettable experience in the mountains.

Via corda alpina
The via corda, **between climbing and hiking**, offers you a safe adventure on rock walls. Attached to a fixed rope, you progress on rock walls in complete safety, supervised by a guide. Accessible to all, enjoy breathtaking panoramas and an immersion in nature!



The leisure center

P. 68

The Samoëns leisure center offers a variety of activities for the whole family, from swimming and team sports to games and hiking trails. It's an ideal place to relax, have fun, and enjoy nature.



ALONG THE WATER

Fishing

Discover the fishing routes in Samoëns, **classified as first category**, with 27 km of Giffre, 23 km of Nants and several lakes, including the Lac de Gers, the Gouilles Rouges and the second Lac aux Dames (no-kill). Practice various techniques, such as toc, minnow fishing, lures and flies, to catch brown trout, rainbow trout, Arctic char and brook salmon.

TO TRY

Tennis, beach tennis and padel

At the foot of the Criou, the Samoëns Tennis Club offers **an exceptional setting** with 4 tennis courts, 3 beach tennis courts and 2 new padel courts. The only one of its kind in the mountains, the club offers a fun way to discover beach tennis. Young and old, leisure or competition, conviviality guaranteed!



Pony ride

This activity gives the youngest riders **an introduction to horse-riding** as they wander around the lakes.

NOT TO BE MISSED

Farm visits

To discover a region, there's nothing like meeting its people! Lovers of farm products like cheese, charcuterie, meat or eggs, immerse themselves in the heart of the farming profession thanks to **visits, tastings and meal** on the farm for an authentic and gourmet experience.



THE SEPTIMONTAINS



Aurore Delesmillières

ENERGY MADE WOMAN

If you're expecting to meet «Little Miss Farmer», you're wrong! Aurore Delesmillières is far from that old-fashioned image. She is perfectly in tune with both her times and her farm, La Ferme du Criou in Vercland, where this businesswoman speaks enthusiastically and unfiltered about her job as a farmer, sweeping aside clichés with a wave of her hand.

After five minutes of chatting, we understand that Aurore has quite the personality! Her husband, Bernard Mogenet, also a farmer, is very busy with his mandates as vice-president of the Savoie Mont Blanc Chamber of Agriculture and president of the FDSEA (Departmental Federation of Agricultural Workers' Unions) of Savoie, and can rely on Aurore's skills and dynamism. A fountain of knowledge when it comes to talking about her profession. A wealth of knowledge acquired during her studies as an agricultural engineer and several internships. She doesn't like to beat around the bush, she's straightforward and expresses herself with humor. So much so that at times we imagine her on stage for a stand-up comedy about agriculture today!

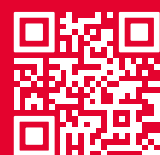
Find all the emblematic portraits of the village
ONLY IN FRENCH





Summer atmosphere

HIKES, LAKES AND ADVENTURES



SUMMER

Find opposite, >
all the activities that can be done in summer



For lovers of nature

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For lovers of nature



AN ADVENTURE PLAYGROUND FOR EVERYONE

Samoëns is an exceptional paradise for those who take the time to venture on and off the beaten track. From hiking and cycling to alpine activities and thrills on the Giffre or in the air, Samoëns offers a multitude of activities for young and old alike!



Take in the view from above to better contemplate Samoëns and its landscapes

With **650 km of trails** Samoëns is a hiker's paradise. From trekking to family walks, the Giffre Mountains offer a varied playground, to be explored alone or with a guide. Several routes such as the Criou, Bostan or the Cirque de Sixt-Fer-à-Cheval allow you to discover the **fauna and flora of the mountain pastures**.

Exceptional panoramic views

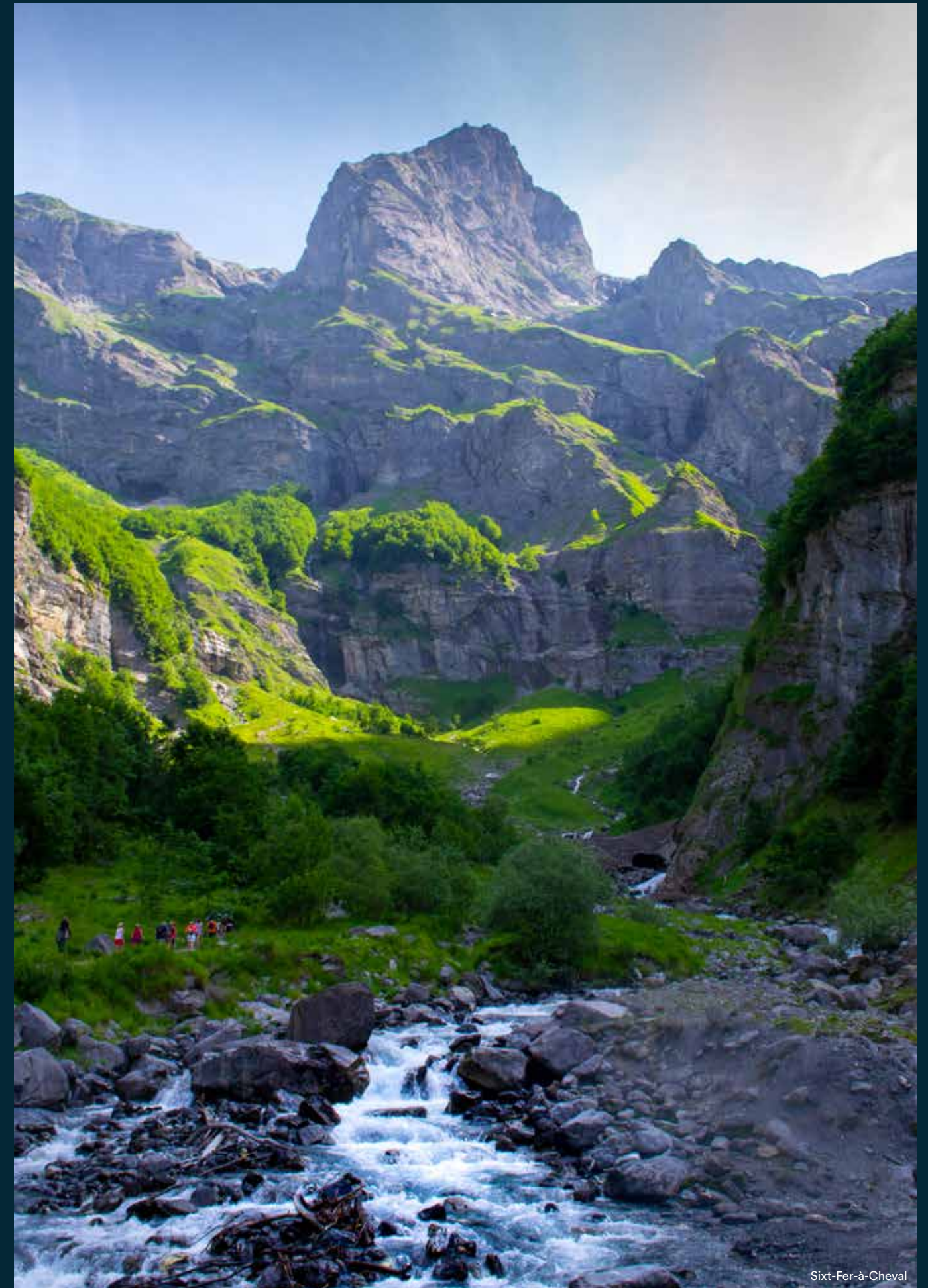
Between the unspoilt valley and the imposing peaks, breathtaking views await you. From Mont Buet, nicknamed the 'Mont Blanc des Dames', or the Grand Massif, the Alpine landscapes are revealed in all their splendour. A paradise for hikers seeking unforgettable panoramas.

The Sixt-Fer-à-Cheval nature reserve, an exceptional natural haven

With its majestic cliffs, waterfalls and preserved biodiversity, the Sixt-Fer-à-Cheval nature reserve stretches over **9,000 hectares**. Listed since 1977, it offers a unique setting for hiking and nature observation.

Go on a guided hike this summer!

This summer, let yourself be guided on the most beautiful mountain trails! With a **passionate guide**, discover the wildlife, flora, and magnificent landscapes in complete serenity. Anecdotes, marmot watching, and routes suitable for all levels: a great way to fully enjoy nature without worrying about the route.



Sixt-Fer-à-Cheval



The shelters

Easily accessible, they offer an incredible panorama of the Giffre Valley and the surrounding peaks. The refuges welcome **hikers of all ages** for a short break, lunch, dinner, a night... The opportunity to share a friendly moment, meet people, or just rest a little before leaving!



On the mountain trails: Your refuge, your adventure

♥ IN SAMOËNS

Lake Gers refuge (1,544 m)
Bostan Refuge (1,760 m)
Refuge de la Golèse (1,671 m)
Chardonnière Refuge (1,346 m)
Folly Refuge (1,558 m)

♥ IN SIXT-FER-À-CHEVAL

Alfred Wills Refuge (1,810 m)
Refuge des Fonts (1,368 m)
Grenairon Refuge (1,974 m)
Sales Refuge (1,877 m)
Vogealle Refuge (1,901 m)

OUR FAVORITE

Tour des Dents Blanches

From mid-July to mid-September, the Tour des Dents Blanches circuit takes hikers on a long, mid-mountain itinerary with sections that are close to mountaineering. Beyond the sporting emotions, this experience, **between Switzerland and France**, takes adventurers to the most complete rejuvenation. Sharing the art of living in the mountains remains at the heart of this wonderful human experience lasting 2 to 5 days. Experienced hikers will encounter the natural heritage, but also the people who make this territory an exceptional space. The adventure follows a particular clockwise direction, from Samoëns to Morzine, then Champéry and Sixt, due to the progression of the difficulties.



NATURE DAY

9 am



Hiking to discover flora and fauna

Start the day with a guided hike, where a guide will show you the treasures of the mountain, from animal tracks to local plants and the ecosystem.

Lunch at the refuge

After the morning, take a break in a refuge and enjoy a traditional Savoyard lunch prepared with fresh local produce, while enjoying breathtaking views of the surrounding mountains.

12 pm



2 pm



Explanation of the mountain environment and plant tasting

In the afternoon, discover the edible and medicinal plants of the mountain with a guide, and enjoy a tasting of wild plants, for a unique sensory experience.

THE SEPTIMONTAINS



Marie Du Bourg



THE JOY OF LIVING

A bright smile lights up Marie's face. With Jacques, her husband, two mountain lovers, and their three children, they found refuge in Samoëns. In every sense of the word, since they are revitalizing the Refuge du Folly and converting an old farmhouse in the valley to house their family. A radical life change in search of new values. The least we can say when listening to Marie is that she is thriving in Samoëns. After a very busy first summer season at the Refuge du Folly, with flexible hours seven days a week, she still has stars in her eyes when she talks about this experience. Marie and Jacques, great athletes, had been staying in refuges for a long time already, but becoming guardians is another story! That of a carefully considered choice, a reconversion methodically prepared by this courageous and hard-working couple, more Cartesian than their surprising decision might suggest.

Find all the emblematic portraits of the village
ONLY IN FRENCH



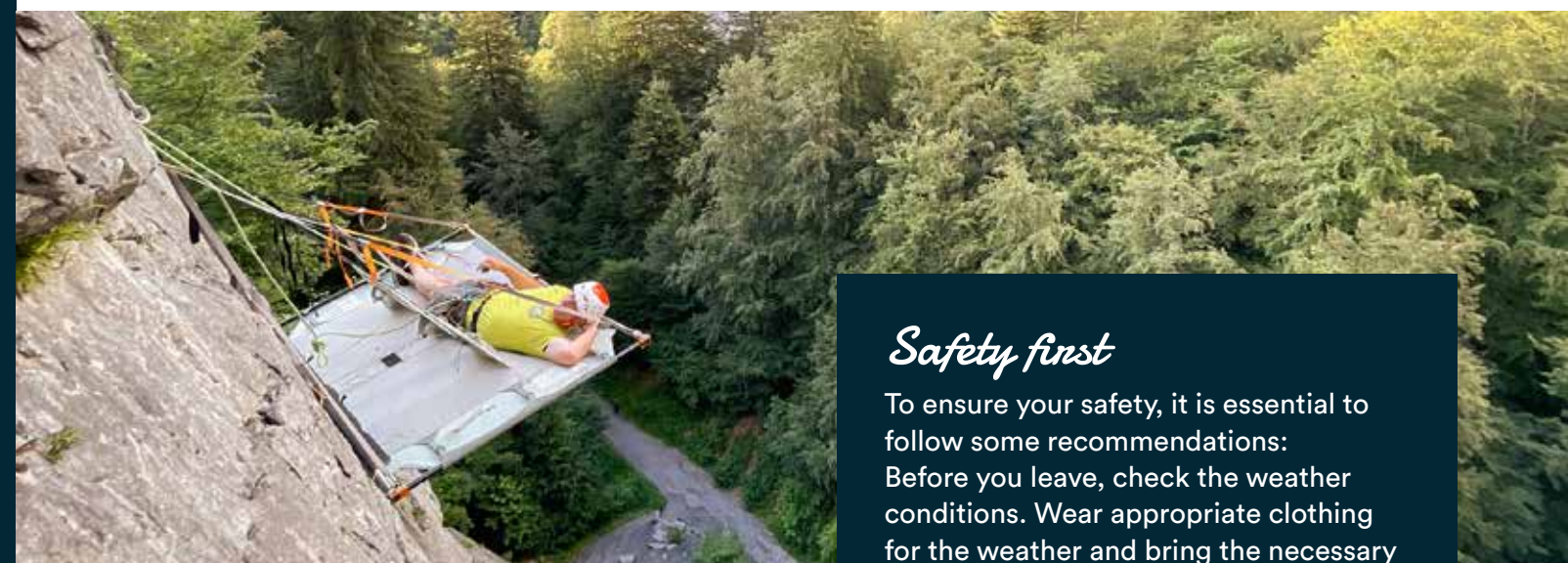


Thrills and sports in the great outdoors



LOVERS OF CHALLENGES AND ADVENTURE

Samoëns is an ideal playground for thrill-seekers and outdoor sports enthusiasts. Whether you're a quad biker, trail runner, or mountain biker, you'll find a variety of trails here through exceptional alpine scenery. For those looking for a unique experience, try a suspended bivouac. Samoëns invites you to push your limits, explore the mountains in all their facets, and experience unforgettable adrenaline-fueled moments in a pristine natural setting.



Safety first

To ensure your safety, it is essential to follow some recommendations: Before you leave, check the weather conditions. Wear appropriate clothing for the weather and bring the necessary equipment, such as a first aid kit, a survival blanket, a topographical map, a compass, and a charged cell phone.

Trail

Browse the **legendary trails of the Ultra Trail du Haut-Giffre®** and admire the breathtaking landscapes of the Giffre Valley. With routes going up to **30 km**, beginners and experts will find what they are looking for. Train for trail running or get started, summer and winter, with the white trail.

Quad

After an introduction to quad biking, set off on an adventure from Samoëns and **explore the mountain trails** of the Giffre Valley. Whether with family or friends, discover the landscapes surrounding Samoëns on a quad bike.

UNUSUAL

The suspended bivouac

Adventurers can rest on a double bed suspended above the void for **an unusual night** in the heart of the mountains. The suspended bivouac combines a climbing session with an abseiling descent into the air at bedtime. This extraordinary night under the stars is a dizzying experience that leaves adventurers with unforgettable memories. A safe thrill guaranteed!



A cyclist's paradise

Mountain bike

With **400 km of trails** and **28 Freeride and Single Track trails**, the Grand Massif is a true paradise for mountain bike enthusiasts. Once the ski season is over, mountain bikers take over to explore this vast mountain playground. Whether with family, friends, or an instructor, everyone can find a suitable route in the heart of unspoiled nature.



Accueil Vélo

The "Accueil Vélo" label is a national brand guaranteeing cyclists a high-quality welcome and services along cycle routes in France.

Booklet of suggested routes available at the Tourist Office.

The Grand Massif in summer

In summer, the Grand Massif becomes a paradise for nature and mountain sports lovers. Hiking, mountain biking, paragliding, and more await, with accessible ski lifts offering breathtaking views of the Mont Blanc. Alpine pastures, alpine lakes, and varied trails offer an unforgettable experience in the great outdoors.



NOT TO BE MISSED

Road bike

Starting from Samoëns, a multitude of challenges are available to cyclists. Explore the Cirque du Fer-à-Cheval nature reserve, hurtle down the slopes from Samoëns 1600 or even **climb the Joux Plane pass**, cycling enthusiasts will be delighted. Samoëns is proud to be on the route of the Tour de France and the Critérium du Dauphiné Libéré.

The Joux Plane pass

The Joux Plane pass, classified as a non-category climb, is a major challenge for cyclists, particularly during the Tour de France. At an altitude of 1,692 metres, it offers steep climbs and spectacular views of the surrounding mountains, making it an unforgettable experience for road cyclists.



100% ADRENALINE DAY

9 am



Trail through the mountains

Start the day with a trail run on the Giffre trails, combining sport and discovery of the wild mountains and enjoying an intense sporting experience in the heart of alpine nature.

Mountain biking on alpine trails

In the afternoon, hop on your mountain bike for a new adventure. Explore varied trails through forests and ridges, enjoying spectacular views and testing your agility and endurance.



2 pm

6 pm



Suspended bivouac

Under a starry sky, end the day with a suspended bivouac, a unique experience in the heart of nature. Settle into a bed clinging to a rock face, several meters above the ground, and let yourself be lulled by the magic of the mountains.



Water sports

Samoëns is a fabulous playground for adventurers seeking thrills. The village is located on the banks of the Giffre River and boasts an exceptional natural environment that allows it to offer a variety of water sports and activities.

A MUST

Rafting

Rafting is practiced on a **unsinkable self-bailing boat**, designed for white water. Both fun and sporty, it allows you to share a water ride or a thrilling descent. Departing from Sixt-Fer-à-Cheval, you will cross the Samoëns plain and its tumultuous rapids to finally arrive at the Giffre bridge.

Mini-raft

On board your mini-raft, experience **thrills on your own!** Embark with two or four people and descend the Giffre River, between Sixt-Fer-à-Cheval and Samoëns, for a thrilling adventure where you control your boat.

ULTRA FUN

Hydrospeed

What could be more enjoyable than floating on the water with the current of the Giffre? Thanks to hydrospeed, thrill-seekers can hurtle down the Giffre **lying on a float and equipped with fins and a reinforced wetsuit**. A water ride that everyone can do at their own pace.

PERFECT FOR FAMILY AND FRIENDS

Canyoning, an aquatic walk

Canyoning is a fun and playful activity that promises wonderful memories. In this wild and divine setting, enjoy an endless succession of jumps, slides and abseils. The canyon descent adapts to every profile, from the youngest to the oldest participant. **Canyoning combines several activities into one: caving, hiking, mountaineering and whitewater sports.**



WATER DAY

9 am



Rafting on the Giffre River

Start the day with a rafting session. Accompanied by an experienced guide, brave the rapids, feel the adrenaline rush, and enjoy the spectacular scenery.

Lunch by the river

After a busy morning, take some time to relax with a delicious picnic by the Giffre River. Enjoy this peaceful moment surrounded by the beauty and serenity of nature.

12 pm

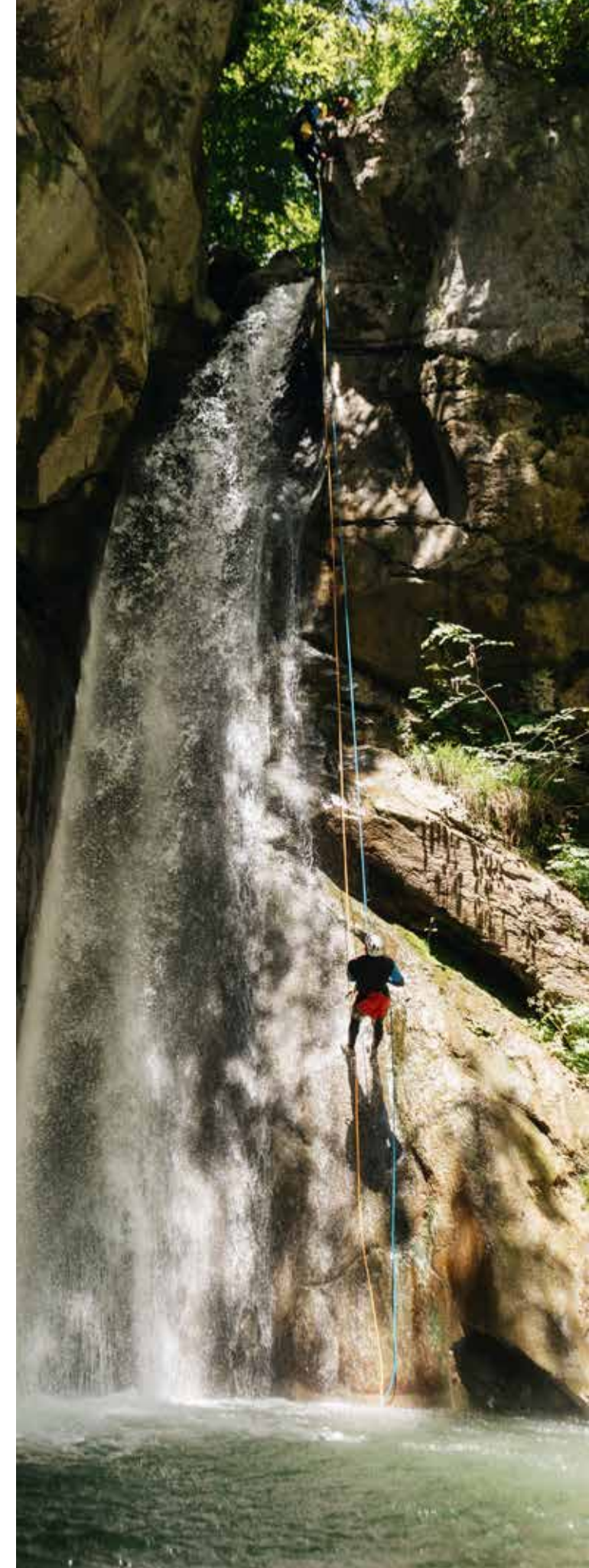


2 pm



Canyoning in the gorges

In the afternoon, head out for a canyoning session in the Samoëns Gorges. Descend waterfalls, swim in natural pools, and explore rock formations, guided by a professional.





Airboat

The airboat, a single-seater inflatable boat **between kayaking and canorafting**, offers speed, agility and a gliding sensation, even in strong water flows. Discover this activity and experience unique aquatic thrills!

Canoraft

Canorafting, or canoe-rafting, is a **hybrid inflatable boat combining raft, canoe and kayak**. This two-person activity, with double paddles, allows you to navigate the whitewater while discovering the surrounding nature. Coordination and teamwork are essential for navigating the rapids and exploring spectacular sites like the Gorges de Tines. Thrills and a change of scenery guaranteed!



The packraft

Packrafting is an **eco-responsible activity** which combines **hiking and sailing** thanks to a lightweight boat, similar to an inflatable kayak. In Samoëns, this unique adventure invites explorers to go up the river on foot before going back down in a packraft. Easy to transport and simple to use, this boat **allows you to venture into isolated** and little-visited parts of the Giffre, thus offering privileged access to wild and preserved landscapes.

Tubing

Embark on a **reinforced inflatable buoy** and progress in the rapids of the Giffre! No previous experience is needed to go tubing. It's a very **intuitive and fun activity** that will allow you to discover the scenery of the Giffre river from a whole new angle! The ideal activity for rafting enthusiasts looking for new sensations!

Water skiing

Enjoy a unique water skiing experience in the heart of the mountains, on a **private body of water equipped with an approved slalom**. Enjoy the sensations of gliding on a high-quality water ski, with CORRECT CRAFT ZERO OFF technology for a smooth and perfectly controlled experience.



For people with disabilities

ACTIVITIES AND ACCOMMODATION SUITABLE FOR EVERYONE

Samoëns is committed to providing an inclusive holiday experience, with adapted accommodations and a range of accessible activities for people with disabilities. Take advantage of the summer to discover the mountains in a different way with adapted activities. These activities, supervised by professionals, allow you to fully enjoy the alpine landscapes and experience outdoor adventures, regardless of any disability.



All-terrain wheelchair

The all-terrain wheelchair allows you to explore mountain trails, offering thrills for all levels. **Suitable for people who are quadriplegic or have arm strength**, it is compatible with summer ski lifts. Enjoy exceptional views of the Mont Blanc and descents of up to 1,400 m in altitude. Available in electric mode.

Joëlette outing

Suitable for all types of disability, it allows you to hike on trails, even steep ones, in our beautiful valley, from the banks of the Giffre to the Fer-à-Cheval mountain pastures. All you have to do is **pedal** your way through this exciting experience together.

Cimgo

The Cimgo is an **all-terrain tandem** designed for people who don't have the strength to pilot an all-terrain wheelchair, or who simply want to enjoy a stress-free mountain outing. It allows you to travel all types of paths, even the steepest, and explore inaccessible places.

AN ABSOLUTE MUST

Your first paragliding flight

Experience a first paragliding flight adapted for people with disabilities. Accompanied by an **experienced pilot**, fly over the magnificent landscapes of the Giffre valley in complete safety and discover the feeling of freedom in the air. An unforgettable experience, accessible to all.



The great outdoors for the whole family



A MULTITUDE OF ACTIVITIES FOR YOUNG AND OLD

Samoëns is an ideal destination for a family vacation, offering the perfect balance between relaxation and adventure. You can enjoy hiking, swimming in the lake, or relaxing at the leisure center. Children will enjoy the playgrounds and fun activities, while parents can relax and admire the alpine scenery.



Rosalie

Climb aboard the Rosalie (pedal carts for 4 to 6 people) and admire the village of Samoëns in the open air! This fun and friendly activity will allow you to **explore the village** in a new light, while taking the time to relax and enjoy the surrounding nature. A perfect moment for young and old looking for a quiet and fun adventure.

Pétanque & Mölkky: games for a fun times!

Whether it's a game of Pétanque or Mölkky, it's always a fantastic time with friends or family. These games of skill always rhyme with **laughter, challenges and great fun.**

NEW

Roller Rink

In summer, the Samoëns skating rink is transformed into a Roller Rink: an ideal **skating rink** for rollerblading enthusiasts who want to extend the fun of gliding at the foot of the mountains. All you have to do is put on your skates and you're ready to roll! Racing, playing games, free skating and figure skating are all part of this fun-filled activity!

Pony Cycle

Discover the Pony Cycle®, a **fun activity** where the little ones can **mount their mount** and go on an adventure in the village's pedestrian areas. A fun and original experience for young explorers!





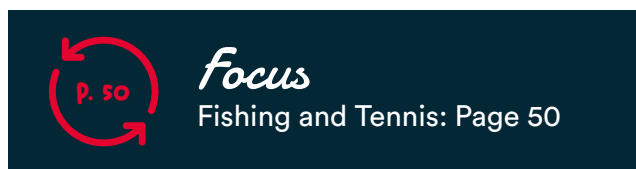
The leisure area



The leisure area is built around its two lakes and is accessible on foot from the village centre. It covers an area of around 10 hectares and is the ideal place to relax with friends or family. You can swim, walk, fish, stroll or jog.

Many activities are offered throughout the summer: tennis (court rental and lessons), outdoor swimming pool (slide, three pools), paragliding, pétanque court... It is also the starting point for short family hikes.

You can also eat or drink in one of the two bar-restaurants located around the lakes, or take advantage of the picnic tables.



TO COOL OFF

Swimming in the Lac aux Dames

Lac aux Dames is a must-see destination for nature lovers and sports enthusiasts in the summer. This artificial lake, created in the 1960s, is a true haven of peace at the foot of the mountains. It's the ideal place for holidaymakers to **cool off on a hot day** in the clear and refreshing water. Swimming is supervised during French school holidays.



One site, a thousand experiences

- ♥ Playground
- ♥ Paragliding landing
- ♥ Fishing
- ♥ Picnic
- ♥ Outdoor pool
- ♥ Water golf practice
- ♥ The Bois aux Dames cultural centre
- ♥ Skate park
- ♥ Tennis, beach tennis and padel
- ♥ Rugby, basketball, football pitch
- ♥ Swimming in the lake
- ♥ Explore game
- ♥ Paddle
- ♥ Ping-pong

BRAND NEW AND BEAUTIFUL

Skate park

Skateboarders, rollerbladers, scooterists and BMX riders are invited to the brand new skate park on the lakeside of Samoëns. This area is dedicated to riders, with a wide range of facilities for them to roll, jump and perform aerial tricks. The layout of the skate park offers plenty of opportunities for personal training or an introduction to the sport in the company of other riders.

Swimming pool

The outdoor swimming pool offers an exceptional setting with a view of the Criou, Samoëns' iconic mountain. It has **sports and learning pools**, a **paddling pool**, a **60 m waterslide**, a 6,000 m² lawn for relaxing and picnicking, and a bar-restaurant.





The wonders of autumn

WHEN COLORS DANCE



Find opposite, >
all the activities that can be done in autumn



Activities and wonders between valleys and forests

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AUTUMNAL DAY

9 am



Walk in the forest

Start the day with a walk in the Samoëns forest and immerse yourself in the autumn colors. Enjoy the fresh mountain air and observe the local flora and fauna for a moment of calm and relaxation.

Pottery workshop

In the afternoon, discover pottery during a workshop. Shape clay, learn traditional techniques, and let your work become a unique souvenir of Samoëns.

12 pm

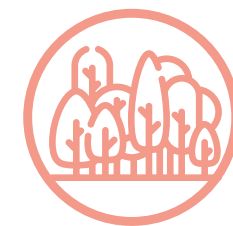


4 pm



Pastry classes

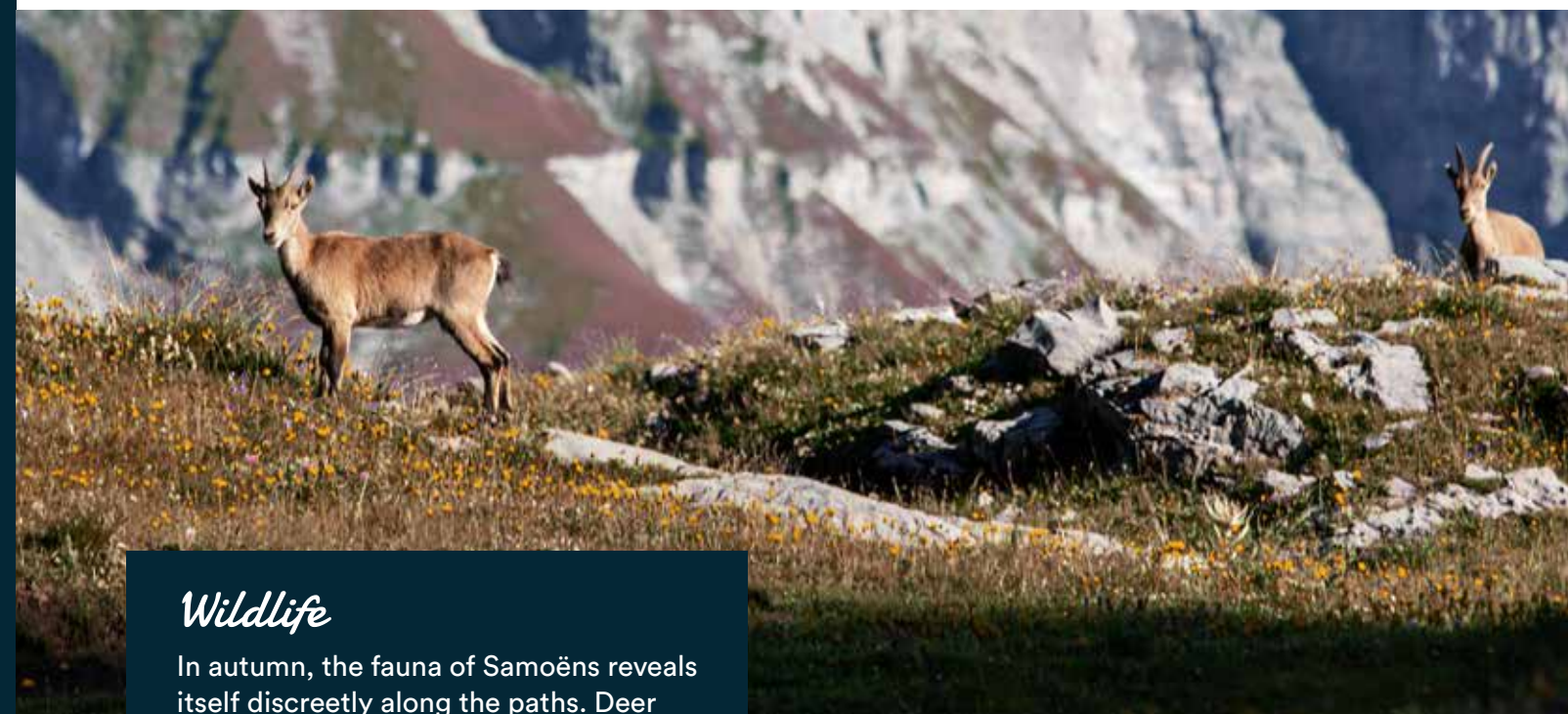
To round off the day, take part in a pastry class. Learn how to make sweet treats under the guidance of a pastry chef. A delicious moment to end the day in style.



Wonder between valley and forest

LIVING THE MOUNTAINS TO THE RHYTHM OF COLOURS

Autumn in Samoëns is a magical time when nature takes on warm colors, creating a magical setting in the heart of the Alps. The forests are adorned with shades of red, orange, and gold, inviting magnificent walks. The mild temperatures and fresh air make this season ideal for exploring hiking trails and enjoying the tranquility of the surroundings before winter sets in.



Wildlife

In autumn, the fauna of Samoëns reveals itself discreetly along the paths. Deer and roe deer are more visible, especially during the stag's rut, an impressive sound spectacle. Marmots are preparing for hibernation, while birds of prey, such as the golden eagle, are still soaring in the clear sky. Squirrels are busy gathering food, adding a touch of life to the flamboyantly colored forests. An ideal season to observe animals in their natural habitat, in the newfound calm of the mountains.

Walks in the forest

Autumn in Samoëns offers a magical experience for nature lovers. Walks in the forest, with its **flamboyant golden colours**, immerse you in a soothing world where you can encounter deer, which are particularly active at this time of year. The undergrowth, carpeted with dead leaves, also reveals a wealth of mushrooms, to be picked during your walks. It's the perfect opportunity to reconnect with nature and enjoy some special moments!



RELAXATION

A movie screening

The Samoëns cinema, nestling in the heart of the village, offers a **varied programme** of recent films, classics and documentaries.. In a friendly atmosphere, it's the ideal place for a cultural outing after a day in the mountains. With family or friends, enjoy a relaxing moment in front of the big screen, in a warm setting.

Media library

The media library, open all year round, offers a **free access to over 11,000 books, 400 CDs and 500 DVDs**. Subscribers can borrow books, CDs and DVDs and participate in **cultural activities** in partnership with the Criou Livres association, such as workshops, screenings, author meetings and events.



The workshops

Take part in unique workshops combining expertise and passion. Whether you're drawn to the gourmet pleasures of pastry-making or the craft of pottery, these experiences invite you to explore new techniques in a friendly atmosphere. Join us in Samoëns for moments of escape and creation in the heart of autumn.

Pastry workshops

Enjoy a unique pastry-making experience with Ana Maria De la Fuente, professional pastry chef. Learn basic techniques and make your **own personalised pastry** to take home. Courses suitable for everyone, including gluten-free, lactose-free and vegan options.

Pottery workshops

Cécile welcomes you to her workshop in Samoëns, where she creates handcrafted pottery in white glazed stoneware, combining utility and decoration. You'll find tableware and decorative objects for indoors and out. **Demonstrations and initiations** are available upon reservation.





Handy tips and good addresses

SCAN AND FIND
EVERYTHING YOU NEED
FOR YOUR STAY

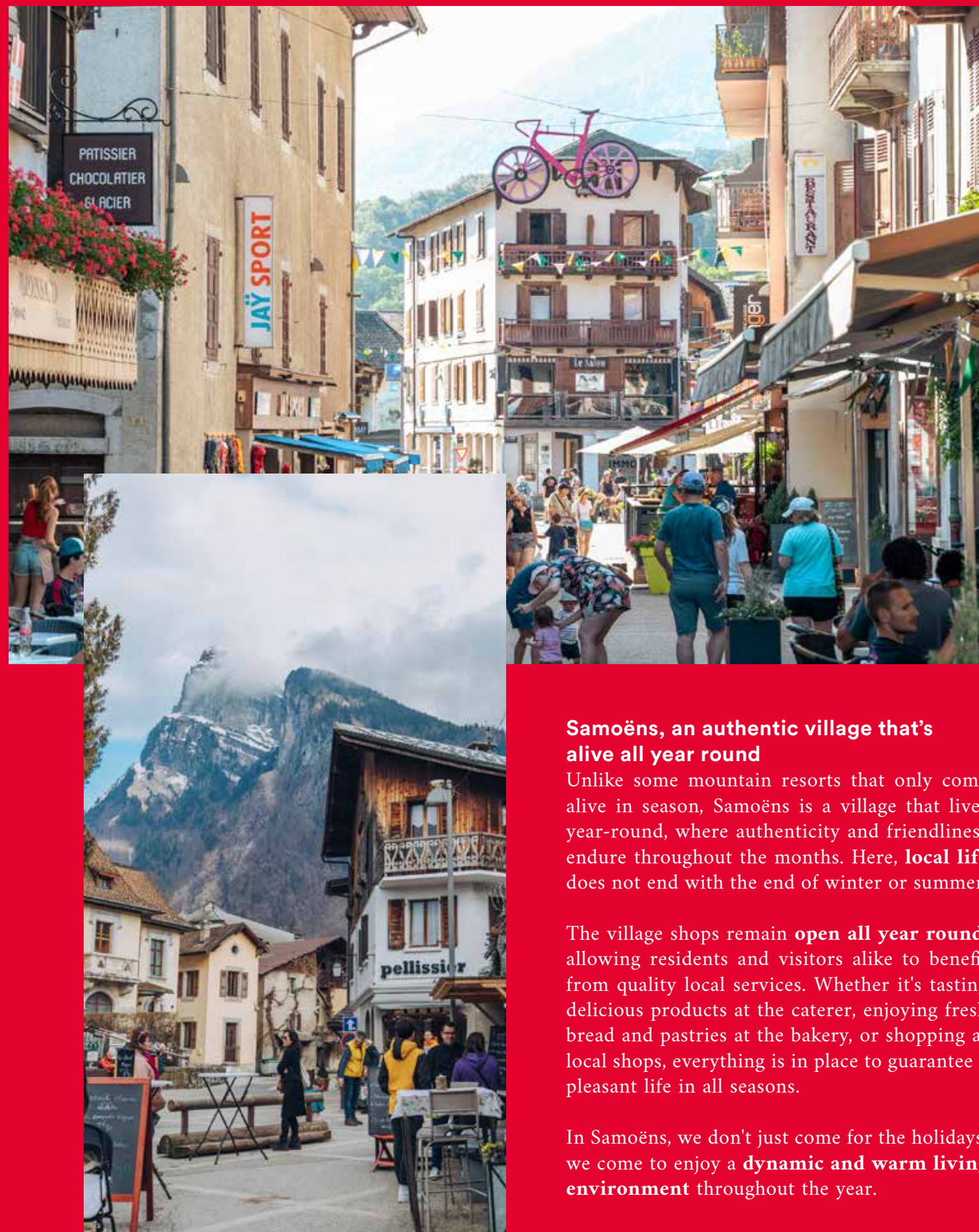


ACTIVITIES
ENTERTAINMENT
AGENDA
WALKS
SHOPS
RESTAURANTS
SERVICES
RENTALS
TRANSPORTS

NEW INTERACTIVE MAP

explore.samoens.com

In Samoëns, everything is done to make you feel at home.
With quality accommodation, delicious food and dedicated services,
Samöëns is the ideal place to recharge your batteries and enjoy the benefits of
a welcoming village in the heart of the Giffre mountains.



Samoëns, an authentic village that's alive all year round

Unlike some mountain resorts that only come alive in season, Samoëns is a village that lives year-round, where authenticity and friendliness endure throughout the months. Here, **local life** does not end with the end of winter or summer.

The village shops remain **open all year round**, allowing residents and visitors alike to benefit from quality local services. Whether it's tasting delicious products at the caterer, enjoying fresh bread and pastries at the bakery, or shopping at local shops, everything is in place to guarantee a pleasant life in all seasons.

In Samoëns, we don't just come for the holidays, we come to enjoy a **dynamic and warm living environment** throughout the year.



Emergency numbens

15 Samu (emergency medical assistance)
17 Police
18 Firefighters
112 General

Samoëns, a gourmet destination for all tastes

In Samoëns, gastronomy has pride of place, with a **culinary offer** as varied as it is tasty. Whether you're a fan of Savoyard specialties, looking for a refined bistro experience, or a fan of traditional, authentic cuisine, you'll find something here to satisfy all your tastes.

Pizzerias delight young and old alike with their generous recipes, while farm meals immerse you in the heart of the region with local and homemade products. Vegetarians and vegans are also catered for, thanks to a range of creative and tasty dishes to suit all **dietary preferences**.



And for an even more exclusive experience, a home chef can even come to your home to prepare a tailor-made meal, combining flavors and conviviality.

In Samoëns, every gourmet will find what they are looking for, whether in the dining room, on the terrace or around a **cosy table** at home !

The gourmet specialties of Samoëns

Samoëns is full of culinary treasures that bear witness to its **authenticity and local know-how**. Among the must-haves, The Châtrée soup warms the hearts with its traditional recipe based on onion soup, stale bread and delicious tomme cheese, offering a tasty and comforting blend.

The 'Galette Septimontaine', meanwhile, delights sweet lovers with its sweet brioche topped with blueberries, a gourmet pleasure that combines softness and fruitiness.



Finally, Crioutin, a cow's milk cheese shaped like a goat's cheese, seduces cheese lovers with its unique character. And this is just a glimpse of the rich cheese offerings of Samoëns, where many other local cheeses complement this palette of flavors.

A real invitation to discover the **Savoyard gastronomic pleasures!**



Sports shops in Samoëns: your adventure partner

Whether you're a skier, hiker or cycling enthusiast, the sports shops in Samoëns offer all the **equipment you need for hire or purchase**.

The experts at each store will guide you in finding the right size and style, and even offer practical advice to help you fully enjoy your mountain adventures. Don't worry, you're in good hands for a worry-free Samoëns experience!



GOOD
ADDRESSES



Shopping in Samoëns: shops for all tastes

Strolling through the streets of Samoëns is discovering a **multitude of shops** where everyone can find what they're looking for. Whether you're looking for a unique piece of jewelry, an authentic souvenir, a trendy piece of clothing, or an original gift, the village's merchants welcome you year-round with passion and expertise.

Home decor enthusiasts will appreciate the charming boutiques offering refined objects to enhance their homes, while the toy and game stores will delight little ones with a selection of fun and educational treasures. Fashion lovers will find what they're looking for in the clothing and shoe stores, combining style and comfort for all seasons.

Finally, the many souvenir and gift shops allow you to leave with a little of the soul of Samoëns, between **local crafts and regional specialties**.



SERVICES

Services in Samoëns: everything for your comfort

Samoëns offers you a wide range of **local services** to make your stay or your daily life even more enjoyable. Whether you need a concierge, IT service, or a photographer to immortalize your memories.

The village also offers **practical services** like a garage, a laundromat, and a dry cleaner, for a worry-free stay. On the health side, you'll find doctors, dentists, physiotherapists, osteopaths, as well as a pharmacy, a podiatrist, and a veterinarian to take care of the whole family.

Finally, hairdressers and other **wellness services** are there to offer you a well-deserved break.

Relaxation and conviviality in Samoëns: Tea rooms, bars and après-ski

In Samoëns, the fun doesn't stop at the slopes! Whether it's for a **gourmet break during the day** or a **festive atmosphere in the evening**, the village offers numerous tea rooms, bars and après-ski spots where you can meet up in a friendly atmosphere.

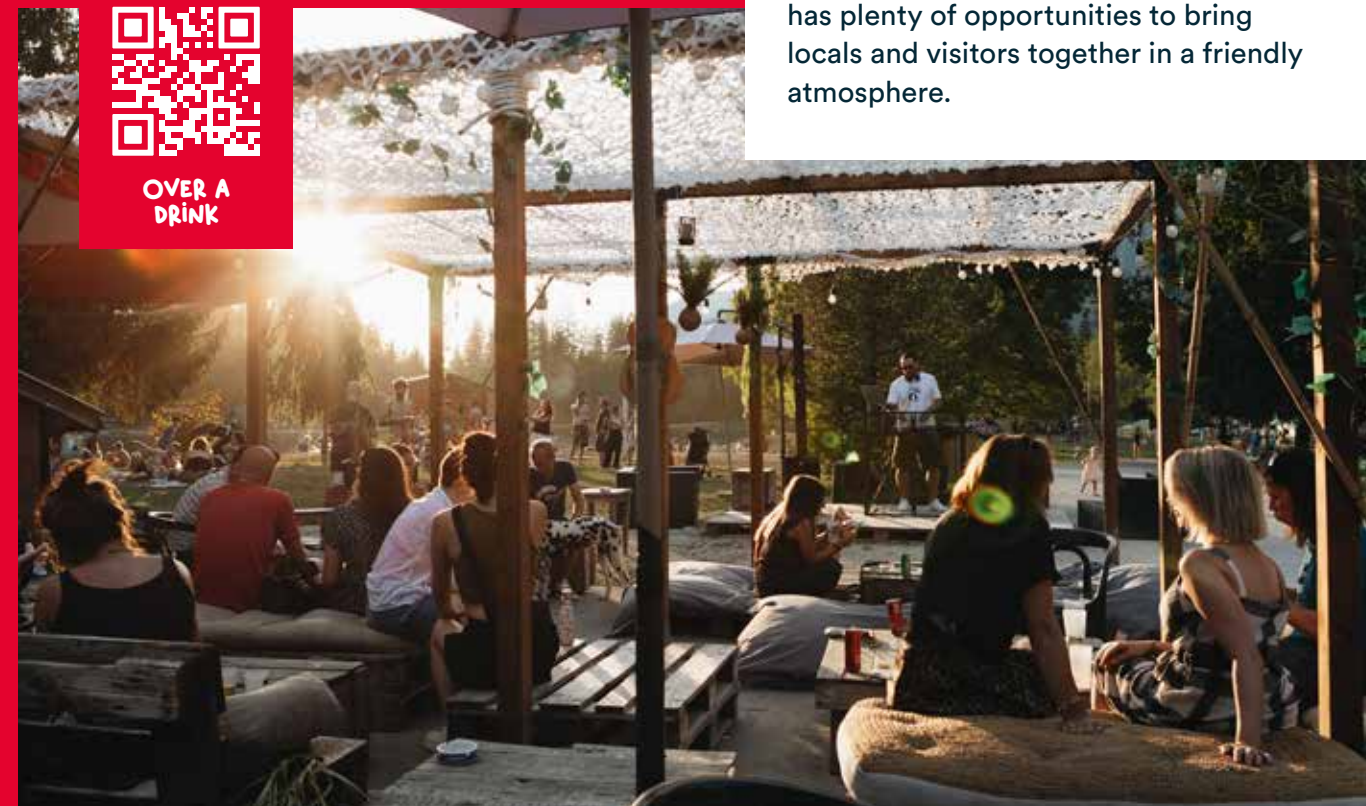
For a **cosy moment**, the tea rooms welcome visitors with a rich hot chocolate, perfumed tea or homemade pastry, perfect for a sweet break after a day in the mountains.

At après-ski time, the **the atmosphere comes alive** in the village bars, where you can enjoy a craft beer, mulled wine or a cocktail while sharing a warm moment with friends or family. Some establishments even offer **live concerts** and **happy hours**, ideal for extending the day in a festive and relaxed atmosphere.

Whether you prefer a cosy atmosphere or a lively après-ski, Samoëns has something for everyone!



OVER A
DRINK



AGENDA

Entertainment

Every season, Samoëns comes alive with a rich and varied programme of events. Between festivals, concerts, markets, shows and sporting events, the village has plenty of opportunities to bring locals and visitors together in a friendly atmosphere.



Year-round events



A YEAR FILLED WITH KEY EVENTS

In Samoëns, each season offers an opportunity to experience a variety of sporting, cultural, and festive events. Whether you're a sports fan, a culture enthusiast or looking for local discoveries, the village calendar has events in store for you all year round.



winter



spring



summer



autumn



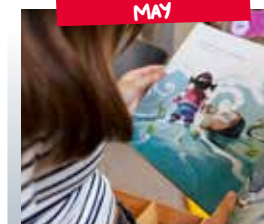
ALL THE
EVENTS

APRIL



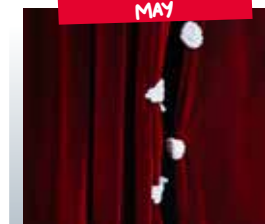
*Paragliding
Fest'ival*

MAY



*"Des Livres...
et moi !" book
festival*

MAY



*"Festival du
Chapeau" for
theatre plays*

JUNE



*Ultra-Trail®
du Haut-Giffre
(UTHG)*

JUNE



*Samoëns
American
Festival*

AUGUST



*Mountain
Guides Festival*

AUGUST



*Annual concert
by the municipal
brass band*

AUGUST



*The Criou
vertical
kilometre*

SEPTEMBER



*Run & Fun
du Giffre*

OCTOBER



*Autumn for
little monsters*

DECEMBER
JANUARY



*Christmas and
New Year Village
+ Christmas run*

JANUARY



*"Les vigneronns
font du ski"
wine festival*

JANUARY



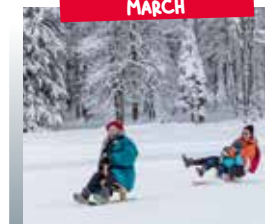
*The
Haut-Giffre
Winter Festival*

FEBRUARY



*French Telemark
Cup and
initiation*

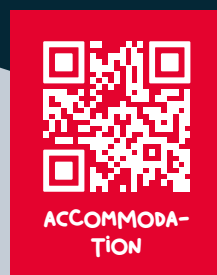
MARCH



*"Ça Joux Plage
pour moi !" n
ondic festival*



Accommodation

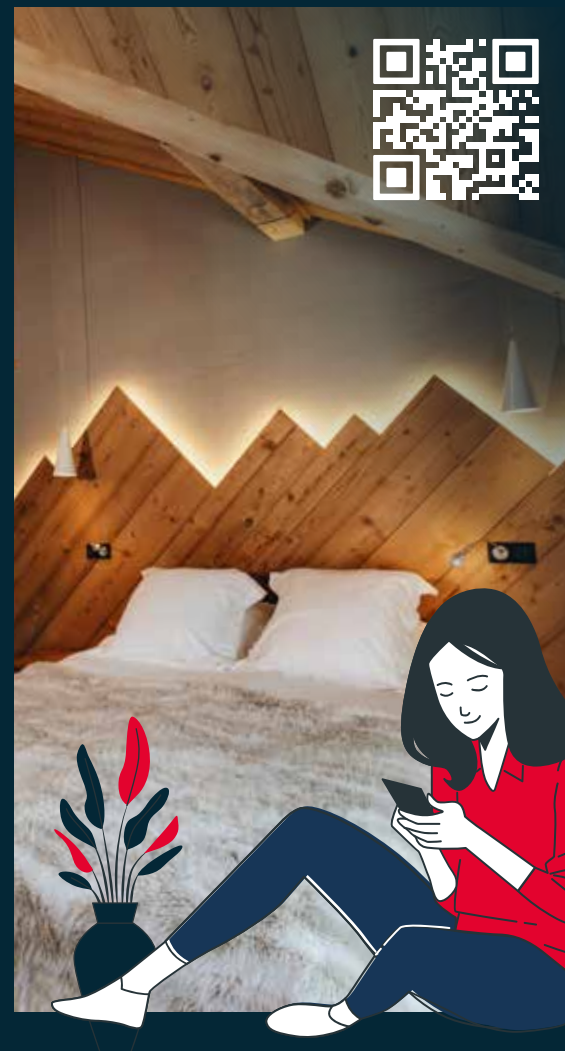


WELCOME TO SAMOËNS

In Samoëns, whatever your wishes and budget, a wide range of accommodation awaits you. From comfortable hotels and well-located holiday residences, to cosy rentals and unusual accommodation offering a unique experience, there's something for everyone to enjoy our beautiful region. Whether you're looking for charm, authenticity or something new, we've got the perfect place for you!



Booking centre



Samoëns RÉSERVATION

The Samoëns booking centre makes it easy to organise your stay in the heart of the Alps. Accommodation, activities or tailor-made packages: take advantage of our personalised service to plan a holiday that's just right for you! Whether you're looking for an authentic chalet, a hotel or outdoor activities, our booking centre is there to simplify the process and guarantee you an unforgettable stay.

ALL TYPES OF ACCOMMODATION

- ♥ Apartment ♥ Chalet ♥ Hotel
- ♥ Tourist residence ♥ Gîte
- ♥ Bed and Breakfast ♥ Rental residence

ALL TYPES OF STAYS

- ♥ For a weekend, for a week or longer
- ♥ All-inclusive stays

A LA CARTE SERVICES

- ♥ Simple Accommodation or Accommodation+Activities Package

booking.samoens ♥ com

Business and group services



Samoëns is also an ideal destination for organizing **professional events** (seminars and team-building activities).

The Tourist Office's Business and Group Services department can help you plan your stay. Samoëns offers a multitude of activities for every season, as you've discovered in this magazine.

With 1000 years of history, the village offers a variety of accommodation: chalets, hotels with spas, residences, holiday villages, clubs and seminar rooms.



7 HOTELS

3 **** - 2 *** - 2 **

A tourist hotel is a place of accommodation designed to offer comfort and services, whether for a quick getaway or a long vacation. Rated from 1 to 5 stars, they offer daily room cleaning, catering, and an on-site reception service.

Tourist hotels



8 TOURIST RESIDENCES

2 ***** - 2 **** - 4 ***

A tourist residence offers spacious, fully-equipped accommodation, giving holidaymakers independence and comfort while benefiting from à la carte hotel services.

Tourist residences



Holiday village



3 HOLIDAY VILLAGES

1 **** - 1 *** - 1 ****

A tourist residence offers spacious, fully-equipped accommodation, giving holidaymakers independence and comfort while benefiting from à la carte hotel services.

Rental residences



7 RENTAL RESIDENCES

Rental residences offer furnished and equipped accommodation for flexible stays, allowing holidaymakers to enjoy independent and comfortable accommodation.



Bed & breakfast



8 BED & BREAKFAST in 4 GUEST HOUSES

The B&B offers friendly accommodation in a local home, combining comfort with insight into local culture. Hosts share tips for exploring the region, and each morning begins with a homemade breakfast.



Holiday center



1 HOLIDAY CENTER

Our holiday center offers active and friendly stays, with a wide range of activities for all ages. Suitable for families and groups.

Open-air accomodation



1 YEAR-ROUND CAMPSITE ***

The Samoëns municipal campsite enjoys an ideal location, situated at the foot of the Grand Massif Express and in the immediate vicinity of the Lac aux Dames leisure center.

Stopover and holiday gîte



1 STOPOVER AND HOLIDAY GÎTE

Our stopover gîte offers simple, friendly accommodation, ideal for hikers and cyclists looking for a rest along their route. It's a great place to meet other travellers and share quality time together.



Mountain refuges



10 MOUNTAIN REFUGES

The mountain refuges offer authentic mountain accommodation, perfect for hikers and outdoor enthusiasts. A friendly atmosphere, homemade meals, and expert advice are guaranteed.

Please note that 3 mountain refuges are open in winter for snowshoeing and ski touring enthusiasts.



3 REAL ESTATE AGENCIES

Real estate agencies make it easier to rent properties by offering expertise and personalised support, thanks to their in-depth knowledge of the destination.

Real estate agencies



Furnished rentals



APARTMENTS



CHALETs



236 FURNISHED RENTALS

Furnished apartments offer comfortable, self-contained accommodation, ideal for short or long-term stays. Fully equipped, they allow you to feel at home while discovering a new destination.

Receptive agencies



2 RECEPTIVE AGENCIES

Samoëns' incoming travel agencies offer tailor-made stays and personalized activities to explore the region. Whether for excursions, events, or sports trips, they offer unique and authentic experiences, guided by their local expertise.



The environment



A NATURE DESTINATION

The environment is the key to a healthy lifestyle. The resort-village of Samoëns understands this and is taking a number of measures to preserve it, with one major aim: to maintain this beautiful "Nature Destination".



Some examples of actions taken

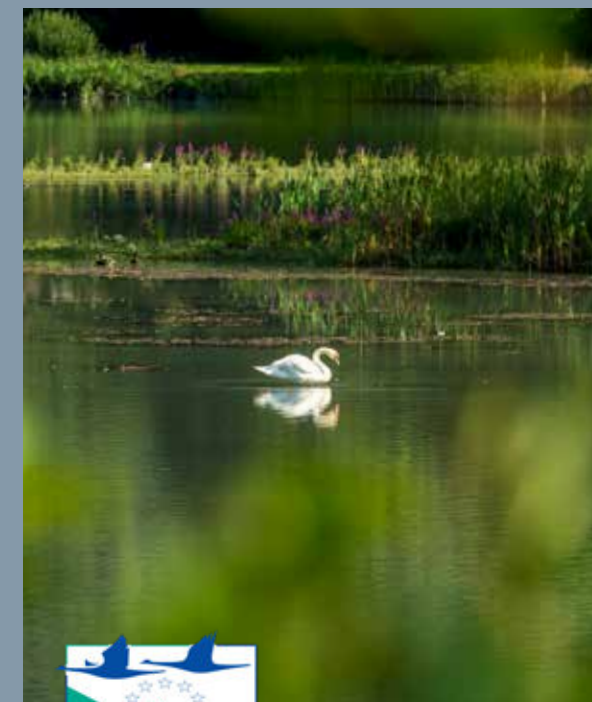
- 10 public charging points in various car parks for recharging electric vehicles.
- The commune begins at **adopt electric tools and vehicles**.

Energy side

The ice skating rink and the Bois aux Dames building are powered by **geothermal energy**. All public lighting is now fitted with LEDs, and certain sectors will soon be regulated by **clocks** or **presence detectors** to optimise energy consumption.

Gentle route "Au fil du Giffre"

"Au fil du Giffre": a green, non-motorized way through the heart of the valley. This peaceful itinerary links **Sixt-Fer-à-Cheval** to **Taninges**, offering a unique opportunity to discover the area on foot, snowshoes, bike or horseback, in the heart of a green and serene setting.



Natural spaces with Natura 2000

Samoëns, a preserved territory: A third of its surface area is classified **Natura 2000**, guaranteeing the protection of exceptional flora and fauna. This label distinguishes its unique habitats and remarkable species.

The environmental observatory of the Grand Massif

Since 2008, the Grand Massif area has had an **environmental observatory** covering 4,219 hectares in five municipalities. It records local biodiversity and monitors environmental developments to better preserve **sensitive areas**.

The Grand Massif environmental observatory

The Grand Massif ski area, including Samoëns, is aiming for sustainable management by 2030, with three objectives: **zero net carbon**, **positive biodiversity** and **zero waste**. Its actions include a plan to reduce **energy consumption**, **protect sensitive environments**, **restore ecosystems** and raise **awareness of water pollution**.

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❄️ WINTER 🌸 SPRING ☀️ SUMMER 🍁 AUTUMN

Our pictograms make it easy to identify activities suitable for every season!

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Samoens



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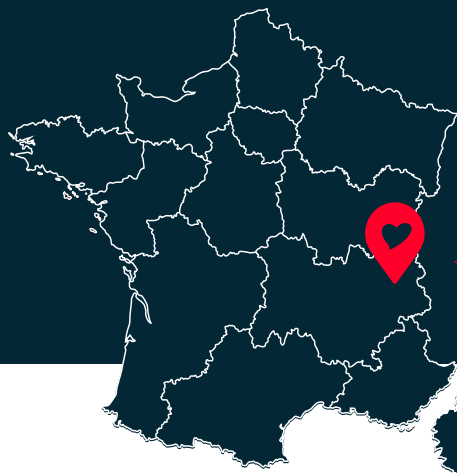
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Geneva: 57 km
Berlin: 1,198 km
Rome: 873 km
Brussels: 847 km

Decimal longitude: 6.72380447
Decimal latitude: 46.08278662

