

Samoëns

Mountain Bike



Guided walks and hire in the Vallée du Giffre.

Prices: please contact the service providers directly

- Mountain Spirit 04 56 12 78 39
 - X'trême Glisse 06 50 89 82 30

Jardin Botanique

Open every day until the first snowfall. Open from 8am to 12.30pm and from 1.30pm to 4.30pm.

Media library

Open Mondays, Tuesdays, Thursdays and Fridays from 4pm to 6pm. Open on Wednesday and Saturday from 10am to 12pm and from 3pm to 6pm.

> Closed on Sundays 04 50 34 95 77

Fishing



Rivers, mountain lakes and the 2nd lake at the Samoëns leisure centre. Information and purchase of fishing permits at the Tourist Office.

Fishing closed at Lac aux Dames in Samoëns and Lac Bleu in Morillon on 15 November.

Card on sale at 17€ at the Tourist Office.

Climbing/Via ferrata Caving



A mountain leader will help you discover the vertical environment while having fun.

- Zig Zag Office 06 31 20 44 10
- Guides' office 04 12 01 00 44



Tennis

Tennis court hire on the Ten'up app *€12/hour





Paragliding

First flights or courses can be booked with the following providers

- Spirale parapente 07 83 83 95 74
- Tontons volants 06 20 30 75 53
- Pégase air 04 50 34 95 80
- Bureau Zig Zag 06 31 20 44 10

Farm visits

- Ferme des Cimes Monday to Friday at 2.30pm by prior arrangement 06 79 88 07 21
- Ferme du Criou every day at 5.45 p.m. without reservation

Wellness activities

Come and relax with our well-being activities in Samoëns.

Athmasphère 06 82 91 68 04 Pasquier Mariel 06 11 39 65 99 Chalet Lavsia 04 50 91 76 77

Yoga du visage- Muriel 06 52 75 94 14

CHAMONIX

QC Terme Spas and Resorts

Open all year
Open Monday, Tuesday, Wednesday,
Thursday and Sunday from 9am to 10pm.
Friday and Saturday from 9am to 11pm
Bookings 09 73 05 30 01

SAINT GERVAIS LES BAINS

Les Thermes de Saint-Gervais

Open all year
Open Monday, Tuesday and
Wednesday from 9am to 8pm.
Thursday, Friday and Saturday from
9am to 9pm. Sunday from 10am to
8pm
Bookings 04 50 47 54 57





MORZINE

Escape Game - The Room

Open all year from 12.30pm to 9.30pm.

Games can be booked up to 12 hours in advance on the website 04 50 37 36 33

Swimming pool

Aquatic Area Tuesday, Thursday 4pm - 7pm / Wednesday, Friday 12pm - 7pm / Saturday, Sunday 9am - 12.30pm. Closed on Mondays

CINÉMAS

TANINGES

All year round, every Monday and Thursday at 6pm.

CLUSES - CINÉTOILES

All year round, every Monday, Tuesday, Wednesday and Sunday.

SALLANCHES - CINÉ MONT-BLANC

All year round from 11am to 10pm.

CLUSES

Museum Horlogerie

Follow the development of watchmaking know-how from the 18th century to the emergence of screw-cutting during the Industrial Revolution.

Open from 01/09 to 30/06 from 2pm to 6pm.

Closed on Mondays and Sundays.

Swimming pool

Contact: 04 50 96 43 00

Intercommunal Aquatic Centre From 01/09 to 31/12/2023, every day. Monday: 11.50am - 2pm / 4.30pm -7pm

Tuesday / Thursday / Friday: 11.50am - 2pm / 4.30pm - 8pm Wednesday: 11.50am - 7pm Saturday: 8.30am - 6.30pm Sunday: 8.30am - 12.30pm



LEISURE ACTIVITIES





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