

# Samoëns

## Ecomuseum Clos Parchet



Visit an old farm every Thursday at 2pm.

Price: €7.50 adult / €4.50 child.

Registration at the Tourist Office  
Until November 2nd

## Botanical Garden



Open every day until the first snowfall.

Open from 8am to 1.30pm and from 1.30pm to 7pm.

## October Pink



On 22 October at 9.30 a.m. for the solidarity walk.

## Fishing



You can fish in the rivers, mountain lakes and the 2nd lake at the Samoëns leisure centre.

Information and purchase of fishing permit at the Tourist Office.

Fishing closed at Lac aux Dames in Samoëns and Lac Bleu in Morillon on 15 November.

Card on sale at 17€ at the Tourist Office.

## Media library



Open Mondays, Tuesdays, Thursdays and Fridays from 4pm to 6pm.

Open on Wednesday and Saturday from 10am to 12pm and from 3pm to 6pm.

Closed on Sundays  
04 50 34 95 77



## Theme outings



The guides' office offers outings on the theme of the and mushroom picking.

Bookings on +33 4 12 01 00 44



## Paragliding

First flights or courses can be booked with the following providers

- Spirale parapente 07 83 83 95 74
- Tontons volants 06 20 30 75 53
- Pégase air 04 50 34 95 80
- 2 Ski Fly 06 19 30 35 29
- Bureau Zig Zag 06 31 20 44 10

## Climbing / Via ferrata

## Caving



A mountain leader will help you discover the vertical environment while having fun.

- Zig Zag Office 06 31 20 44 10
- Pauline Pretet 06 71 14 51 19
- Guides' office 04 12 01 00 44

## Small Train



Guided tour of the village.  
Groups of 15 or more only.  
On request : 06 10 40 83 08



## Tennis

Tennis court hire on the Ten'up app - €12/hour



## VTT

Guided walks and hire in the Vallée du Giffre.

Prices: please contact the service providers directly

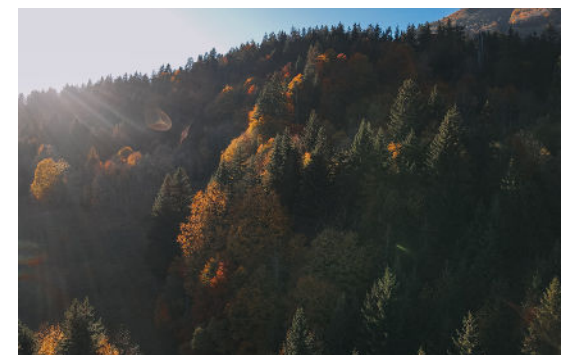
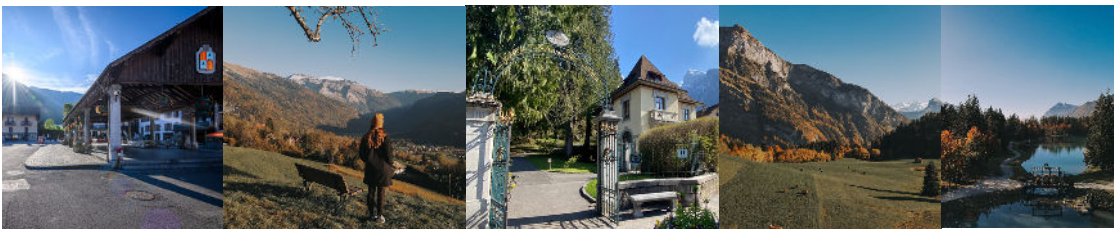
- Mountain Spirit 04 56 12 78 39
- X'trême Glisse 06 50 89 82 30



## Water sports

Embark with our guides on the Giffre river.  
Bookings required with the service providers:

- Bureau Zig Zag 06 31 20 44 10
- Pauline Pretet 06 71 14 51 19
- Altitude rafting 06 42 52 00 38
- Alpes et Canyons 06 19 73 73 98
- Aventure montagne 06 70 55 51 19
- Ecolorado 04 50 34 45 26





Aux alentours de  
Samoëns



### Wellness activities

Come and relax with our well-being activities in Samoëns.

- Athmosphère 06 82 91 68 04
- Pasquier Mariel 06 11 39 65 99
- Chalet Laysia 04 50 91 76 77
- Yoga du visage- Muriel 06 52 75 94 14



### Farm visits

- Ferme des Cimes Monday to Friday at 2.30pm with reservation at 06 79 88 07 21
- Ferme du Criou every day at 5.45pm without booking



## Morillon



### Riding centre

Equita passion offers supervised pony or horse rides.

Lac Bleu leisure centre.

Bookings required on Wednesdays and Saturdays on 06 03 57 17 01.

### Tree climbing course



Les Aventuriers du Lac welcomes you every Saturday and Sunday afternoon from

1.45pm to 5.45pm.

Tel: 06 24 79 25 99

## Taninges

### Chartreuse de Mélan

A place steeped in history, combining sobriety and contemporary art.

Open Tuesday to Sunday

10am to 12.30pm and 1.30pm to 6pm.

Tel: 04 50 33 23 73



# LEISURE ACTIVITIES



## Samoëns Tourist Office

+33 (0)4 50 34 40 28

[www.samoens.com](http://www.samoens.com)

SPECIAL  
AUTUMN

